

# Valley Hi Nursing and Rehabilitation 2nd Floor MARCH 2020

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

<p>9:30 Zion Lutheran Video 12:00 Daily Chronicles 3:00 Social Hour 4:00 Activity Cart</p> <p style="text-align: right;"><b>1</b></p>	<p>8:00 Weekend Update 10:15 Volleyball 12:00 Daily Chronicles 2:15 Calendar Decorating 3:15 Pot of Gold Craft 4:15 Warm Hands 6:15 Monday Night Trivia</p> <p style="text-align: right;"><b>2</b></p>	<p>8:00 Morning News 10:00 Resident's Council 10:15 Manicures and Music 12:00 Daily Chronicles 2:15 Jumbo Crossword Puzzle 3:15 Seated Yoga 4:15 Warm Hands 6:15 Cards</p> <p style="text-align: right;"><b>3</b></p>	<p><b>Breakfast In</b> 8:00 Midweek News 10:00 Rosary 10:15 Spring Paper Quilt 12:00 Daily Chronicles 2:15 Making Bird Treats 3:30 Word Puzzles 4:15 Warm Hands 6:15 Five Senses Group</p> <p style="text-align: right;"><b>4</b></p>	<p>8:00 Morning Greet 10:00 Communion 10:15 Barb Klein Sing Along 11:00 Fellowship with Tony 12:00 Daily Chronicles 2:15 Spring Quilt continued 3:15 Traveling the U.S. 4:15 Warm Hands</p> <p style="text-align: right;"><b>5</b></p>	<p>8:00 Coffee and Conversation 10:15 Bingo 12:00 Daily Chronicles 2:15 Manicures/Music 3:15 Sharpen Your Senses 4:15 Warm Hands 6:00 Resident's Choice Movie</p> <p style="text-align: right;"><b>6</b></p>	<p>8:00 Saturday Breaking News 10:15 Creative Art 12:00 Daily Chronicles 2:00 Ice Cream Shop 3:30 Hallmark Channel</p> <p style="text-align: right;"><b>7</b></p>
<p><b>Daylight Savings Time Begins</b>  9:30 Zion Lutheran Video 12:00 Daily Chronicles 2:00 Harvard Bible Church 3:00 Social Hour 4:00 Word Puzzles</p> <p style="text-align: right;"><b>8</b></p>	<p>8:00 Weekend Update 10:15 Balloon Ball 12:00 Daily Chronicles 2:15 Word Search/Word Games 3:15 Painting With Peppers 4:15 Warm Hands 6:15 Monday Night Trivia</p> <p style="text-align: right;"><b>9</b></p>	<p>8:00 Morning News 10:00 Bible Study 10:15 Music with Mary Ellen 12:00 Daily Chronicles 2:15 Manicures/Music 3:15 Seated Yoga 4:15 Warm Hands 6:15 Cards</p> <p style="text-align: right;"><b>10</b></p>	<p><b>Lunch Out</b> 8:00 Midweek News 10:00 Rosary 10:15 Spring Door Decorations 12:00 Daily Chronicles 2:15 Door Decorations continued 3:15 Sit and Get Fit 4:15 Warm Hands 6:15 Five Senses Group</p> <p style="text-align: right;"><b>11</b></p>	<p>8:00 Morning Greet 10:00 Communion 10:15 Joe Sakowski Sings 11:00 Fellowship with Tony 12:00 Daily Chronicles 1:30 Zion Lutheran Service 2:15 Traveling to Ireland 3:15 Traveling the U.S. 4:15 Warm Hands</p> <p style="text-align: right;"><b>12</b></p>	<p>8:00 Coffee and Conversation 10:15 Bingo 12:00 Daily Chronicles 2:15 Manicures/Music 3:30 Sharpen Your Senses 4:15 Warm Hands 6:00 Resident's Choice Movie</p> <p style="text-align: right;"><b>13</b></p>	<p>8:00 Saturday Breaking News 10:15 Let's Be Crafty 12:00 Daily Chronicles 2:00 Ice Cream Shop 3:30 Hallmark Channel</p> <p style="text-align: right;"><b>14</b></p>
<p>9:30 Zion Lutheran Video 12:00 Daily Chronicles 2:00 First Presbyterian Harvard Church 3:00 Social Hour 4:00 Record Time</p> <p style="text-align: right;"><b>15</b></p>	<p>8:00 Weekend Update 10:15 Volleyball 12:00 Daily Chronicles 2:15 Snacks and Crosswords 3:15 Match-Up the Lyrics 4:15 Warm Hands 6:15 Monday Night Trivia</p> <p style="text-align: right;"><b>16</b></p>	<p><b>St. Patrick's Day</b> 8:00 Morning News 10:15 Manicures/Music 12:00 Daily Chronicles 2:15 Shamrock Shakes 3:15 Seated Yoga 4:15 Warm Hands 6:15 Cards</p> <p style="text-align: right;"><b>17</b></p>	<p><b>Dinner In</b> 8:00 Midweek News 10:00 Rosary 10:15 Spring Bulletin Board 12:00 Daily Chronicles 2:15 Spring Bulletin Board cont. 3:15 Pass the Hat Sing Along 6:30 Five Senses Group</p> <p style="text-align: right;"><b>18</b></p>	<p><b>Spring Begins</b> 8:00 Morning Greet 10:00 Communion 10:15 Spring Decorating 11:00 Fellowship with Tony 12:00 Daily Chronicles 2:15 1st Presbyterian Woodstock sings 3:30 Traveling The U.S. 4:15 Warm Hands</p> <p style="text-align: right;"><b>19</b></p>	<p>8:00 Coffee and Conversation 10:15 Ryan Peterman Sinas 12:00 Daily Chronicles 2:15 Manicures/Music 3:15 Sharpen Your Senses 4:15 Warm Hands 6:00 Resident's Choice Movie</p> <p style="text-align: right;"><b>20</b></p>	<p>8:00 Saturday Breaking News 10:15 Expressive Art 12:00 Daily Chronicles 2:00 Ice Cream Shop 3:30 Hallmark Channel</p> <p style="text-align: right;"><b>21</b></p>
<p>9:30 Zion Lutheran Video 12:00 Daily Chronicles 1:00 St. John's Church 3:00 Social Hour 4:00 Assorted Games</p> <p style="text-align: right;"><b>22</b></p>	<p>8:00 Weekend Update 10:15 Balloon Ball 12:00 Daily Chronicles 1:30 Bingo Shopping Cart 3:30 Manicures/Music 4:15 Warm Hands 6:15 Monday Night Trivia</p> <p style="text-align: right;"><b>23</b></p>	<p>8:00 Morning News 10:00 Bible Study 10:00 Mark Bulandr Sings 12:00 Daily Chronicles 2:30 Empowering Women with Rosie 3:15 Seated Yoga 4:15 Warm Hands 6:15 Cards</p> <p style="text-align: right;"><b>24</b></p>	<p><b>Breakfast Out</b> 8:00 Midweek News 10:00 Rosary 10:15 April Calendar Planning 12:00 Daily Chronicles 2:15 Pudding Creations 3:15 Sit and Get Fit 4:15 Warm Hands</p> <p style="text-align: right;"><b>25</b></p>	<p>8:00 Morning Greet 10:00 Communion 10:15 Manicures /Music 11:00 Fellowship with Tony 12:00 Daily Chronicles 2:00 Bunco Party on 1st 3:30 Traveling the U.S. 4:15 Warm Hands</p> <p style="text-align: right;"><b>26</b></p>	<p>8:00 Coffee and Conversation 10:00 Bingo 12:00 Daily Chronicles 2:15 Sing Along with Eldersong 3:15 Birthday Cake/Word Search 4:15 Warm Hands 6:00 Resident's Choice Movie</p> <p style="text-align: right;"><b>27</b></p>	<p>8:00 Saturday Breaking News 10:15 Let's Be Artsy 12:00 Daily Chronicles 2:00 Ice Cream Shop 3:30 Hallmark Channel</p> <p style="text-align: right;"><b>28</b></p>
<p>9:30 Zion Lutheran Video 12:00 Daily Chronicles 3:00 Social Hour 4:00 Sing Along Video</p> <p style="text-align: right;"><b>29</b></p>	<p>8:00 Weekend Update 10:15 Volleyball 12:00 Daily Chronicles 2:15 Picking Flowers for Answers 3:15 Bunco 4:15 Warm Hands 6:15 Monday Night Trivia</p> <p style="text-align: right;"><b>30</b></p>	<p><b>National Crayola Crayon Day</b> 8:00 Morning News 10:00 Bible Study 10:15 Manicures/Music 12:00 Daily Chronicles 2:15 Relaxing with Crayola's 3:15 Seated Yoga 4:15 Warm Hands 6:15 Cards</p> <p style="text-align: right;"><b>31</b></p>				<ul style="list-style-type: none"> <li>• <b>Guests are welcome at all activities</b></li> <li>• <b>Mail Delivered Monday—Saturday</b></li> <li>• <b>Friendly Visits Occur Daily</b></li> </ul> <p style="text-align: center;"><b>**ALL ACTIVITIES ARE SUBJECT TO CHANGE **</b></p>