



McHenry County Mental Health Board FY20 Funded Agencies and Programs

The McHenry County Mental Health Board (MHB) is a special purpose unit of government regulated through the Community Mental Health Act. The Community Mental Health Act authorizes the levy of an annual tax and empowers the MHB to administer the levy through the direction of a nine-member board of community representatives appointed by the County Board.

For County Fiscal Year 2020, the MCMHB has allocated \$9,538,500 in local funds supporting MHB network services and activities including 31 agencies offering a continuum of 75+ services, programs and projects providing prevention, treatment, and recovery support for McHenry County residents.

Twenty Second Judicial Circuit Court..... \$204,000 <https://www.mchenrycountyil.gov/county-government/courts/22nd-judicial-circuit/office-of-special-projects>

The Twenty Second Judicial Circuit Special Courts Programs assist adults with mental illness, substance abuse/dependence, and co-occurring disorders who are involved in the criminal justice system.

- **Specialty Courts Programs (Mental Health & Drug Court)** services are provided with an interdisciplinary team approach including circuit judge, prosecutor, defense attorney, law enforcement officer, probation officers and treatment professionals. Services include comprehensive behavioral health and physical health assessments, service plan development, engagement and support, consultation and compliance monitoring.

Alexian Brothers Behavioral Health Hospital \$180,000 <https://www.amitahealth.org/services/behavioral-medicine>

Amita Behavioral Health Medicine Institute provides personalized, compassionate care for the entire spectrum of behavioral disorders, from depression and anxiety to post-traumatic stress disorder (PTSD) and substance abuse. They are committed to making excellent care available in our communities for a wide range of conditions and diverse groups of patients.

- **Youth Partial and Intensive Outpatient Hospitalization Program** serves adolescents ages 12-18 if still in high school and children ages 8-11 years providing three to six hours of daily programming to include: Group therapy skills based groups, Expressive Therapy, School, Spirituality, Family Therapy, and Clinical Outcomes collected.

Association for Individual Development (AID) \$390,000 <https://www.aidcares.org/>

Association for Individual Development (AID) provides services to individuals who have developmental, physical and/or mental disabilities, those who have suffered a trauma, or those at risk.

- **Psychiatric and Tele-Health Services** featuring Nursing, Scheduler/Transcriptionist and Tele-Health services works as part of a multi-disciplinary team to provide holistic and comprehensive medical and counseling services to individuals with mental and behavioral health challenges. This holistic approach, leveraging best practices and evidence based treatment, is a proven method for assisting clients in achieving overall wellness so that a client can engage with social and community supports, improve overall functioning and remain productive.



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- **Behavioral Health Supportive Living Services** program offers intense, customized coordination services focused on homeless prevention, treatment, support and recovery; providing integrated primary and behavioral healthcare, psychiatric services, and permanent supportive housing services to at-risk McHenry residents with mental and behavioral health challenges.
- **Behavioral Health Outpatient Services** provide group and individual counseling and therapy, psychiatric intervention and medication, and integrated primary healthcare via nursing services to promote mental wellness and recovery and to prevent psychiatric hospitalization, institutionalization, incarceration and homelessness for individuals with mental and behavioral health challenges who reside in McHenry County.
- **Client and Family Support Services** provide outreach and comprehensive behavioral health services for residents with mental and behavioral health challenges who are uninsured, under-insured, ineligible for entitlements or other sources of funding, or are undocumented. Services include: therapy and individual counseling (bilingual), marriage and family counseling (bilingual), medication management, psycho-social rehabilitation, assistance in securing entitlements for those who are eligible (Medicaid/Medicare/Social Security/Social Security Disability/LINK), education and guidance to access natural community supports.

Aunt Martha’s Health and Wellness, Inc..... \$520,000

<https://www.auntmarthas.org>

Aunt Martha’s is one of the state’s largest Federally Qualified Health Centers. Behavioral health services include adult, child, and adolescent psychiatry and therapy, individual counseling, and comprehensive diagnostic evaluation and treatment.

- **Psychiatric Services** Aunt Martha’s model of integrated care brings behavioral health (BH) services into the primary care clinic setting by offering routine mental health screening and access to treatment to: promote early detection and improved management of treatment; reduce the stigma of treating mental health disorders and offer convenience to patients; promote adherence and strengthen monitoring of the treatment plan; and, build on the existing, ongoing PCP and patient relationship.

Behavioral Perspectives, Inc..... \$128,500

<https://behavioralperspectiveaba.com/>

Behavioral Perspectives, Inc. is dedicated to providing quality, client-centered ABA programming. They believe top quality service starts with having a highly trained team and they’re committed to the development of their entire staff. Each member of the team plays an integral role in ensuring your child reaches their maximum independence and improved quality of life. Services are offered in-home or at one of multiple clinics in the greater Chicagoland area, including Lake in the Hills.

- **Applied Behavioral Analysis** is a science devoted to the improvement of human behavior. In children with autism, behavior comes in the form of communication, actions, and thoughts. Services offered can help your child communicate effectively, acquire skills, and learn positive behaviors. ABA teaches valuable skills, including increased language, self care, independent play, and social skills - while simultaneously decreasing behaviors such as tantrum, aggression, or self-injury.



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Child Advocacy Center of McHenry County, Inc \$50,000

<https://mchenrycac.org/>

The mission of the Child Advocacy Center of McHenry County is to reduce trauma to child victims of abuse through coordinating a timely, comprehensive, and multidisciplinary response in reported cases of child sexual abuse and severe physical abuse. The Child Advocacy Center of McHenry County serves all children under the age of 18 in McHenry County where there is a suspicion of child sexual abuse, severe physical abuse, and/or a child witness to a violent crime.

- **Secondary Trauma Services** provide a program where officials and advocates from many disciplines, including Law Enforcement, Department of Family and Child Services and the State's Attorney's Office, converge to make decisions regarding the investigation and treatment of child abuse victims. The goal is to ensure that young victims receive child-focused services in a child sensitive environment and non-offending family members receive support throughout the investigation process.

Clearbrook.....\$325,000

<http://www.clearbrook.org/>

Clearbrook provides services, programs and support for children and adults with autism, Down syndrome, cerebral palsy and other intellectual/developmental disabilities as well as their families.

- **CHOICE Program** is innovative in offering participants "choices" in the areas of employment, volunteering, leisure activities and socializing in settings that utilize natural supports in the community and through community partnerships. Families/participants also have a "choice" to participate in the program on a full or part time basis. The CHOICE program model includes a specifically developed personal exploration tool (PEP). As each participant enters the program they "discover" their interests and document them via the PEP. This is the foundation for the program's person centered model of service design and delivery.
- **Behavioral Health Clinic Start-up** funding will assist with the costs related to the development and implementation of the program/clinic expansion into McHenry County which is not billable.
- **CILA Start-up** funding for staff training, the purchase and installation of a sprinkler and fire alarm system as well as furnishings for its third McHenry County CILA home
- **Take a Break – Respite** provides supervised support to families waiting to be matched with an in-home volunteer along with families who would like their children to participate in a stay and play program staffed by Clearbrook staff and trained volunteers.

Community Health Partnership of Illinois \$90,000

<http://www.chpofil.org/>

Community Health Partnership of Illinois provides comprehensive, integrated primary health care services targeting underserved, predominantly Latino rural populations, including migrant and seasonal farmworkers and families throughout northern and central Illinois.

- **Breaking the Stigma: Mental Health for Our Community** is an integrated, prevention-oriented behavioral health program targeting the Latino population in the Harvard Area Community Health Center service area and offers Spanish Outpatient Therapy, Spanish specialized psychiatry services via Telehealth and Community Mental Health Outreach and Education.



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Consumer Credit Counseling Service of Northern Illinois, Inc. \$55,000

<http://www.illinoiscccs.org/>

CCCSNI serves anyone in need of financial, credit or housing assistance. Services include: credit and debt counseling and education, Debt Management Programs which pay off unsecured debt at reduced interest and fees; Credit Report analysis; Bankruptcy counseling and education; housing counseling services.

- **Mental Wellness Through Financial Counseling Services** provides basic mental health screening, budget counseling, debt management programs to expunge unsecured debt, bankruptcy counseling and education and mortgage default and foreclosure prevention counseling. Clients are also counseled on the means to improve their credit. CCCSNI also provides pre-purchase and pre-rental counseling for homeless families.
- **Financial Literacy Workshops for McHenry County Partners in Mental Health** is a project that provides on-site educational workshops to individuals in early recovery from SUD and/or in transitional living situations. The educational workshops are designed to teach individuals about budgeting, personal finance, credit management, consumer rights, and managing housing expenses.

Family Health Partnership Clinic \$75,000

<http://hpclinic.org/>

The Family Health Partnership Clinic provides health care to those in our community who do not have health insurance of any kind. The Clinic has an integrated mental health component and provides brief therapy for patients who are facing mental health issues as well as physical health problems.

- **Therapist** the purpose of this project is to treat individuals in need of behavioral health services and service delivery with appropriate mental health assessments, treatment plans along with short term mental health treatment.
- **Patient Navigator Program** the purpose of this program is to link individuals in need of behavioral health and other critically needed services with the provider organizations that can provide appropriate assessment and service delivery as indicated.

Greater Elgin Family Care Center (McHenry Community Health Center) \$420,000

<http://gefcc.org/locations/mchenry-community-health-center/>

GEFCC is a community health center that provides quality health care to all, including those who don't have the ability to pay.

- **Behavioral Health Integration** uses screening, brief intervention (including Behavioral Activation) and referral to treatment (SBIRT). The program is team-based with full integration between primary and behavioral health care including shared patient scheduling, shared treatment planning, and shared record keeping.
- **Psychiatry** provides patients age 13 years and older with Psychiatric Evaluations, Medication Education and Medication Monitoring.



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Harvard Community Senior Center..... \$80,000
<http://harvardseniorcenter.org/>

The Harvard Community Senior Center serves McHenry County seniors by providing evidence-based programs, services, and social activities at a pleasant, safe and welcoming gathering place and/or in the senior's home or other comfort setting.

- **PEARLS Program – Depression in the Elderly** includes active screening for depression, using a trained depression care manager, a team approach, stepped care, and built-in follow-up. A depression care manager (Pearls Counselor) delivers brief, evidence-based interventions over 19 weeks and a Case Manager provides education, community resources and self-management support.

Home of the Sparrow, Inc. \$200,000
<https://www.hosparrow.org/>

Home of the Sparrow provides Transitional Shelter, Affordable Housing and Rapid Re-Housing combined with Supportive Services that address the core issues of homelessness. Home of the Sparrow serves single women, pregnant, women, and women with children.

- **Case Management Services** serves women and their children in the agency's transitional shelter and housing programs. Case managers work with each client to develop an individualized plan for success, identifying and addressing the depression, trauma, PTSD and other mental health issues that often accompany homelessness. In addition, assistance in navigating resources and systems to ensure proper mental health and/or substance abuse treatment is provided.

Horizons Behavioral Health Professional Services, LLC \$125,000
<http://www.horizonsbh.com/> as of 12/30/19 "Currently Under Construction"

Horizons is an outpatient behavioral health facility, serving McHenry County residents of all ages with a diagnosis of mental illness. Services include psychiatric diagnostic evaluations along with medication management and therapeutic injections, psychotherapy, family therapy, group therapy, and psychological testing.

- **Psychiatric Residency Program** provides psychiatric services to patients in McHenry County by fourth year psychiatric residents.

Independence Health and Therapy. \$592,500
<https://www.independencehealth.org/>

Independence Health and Therapy provides outpatient mental health services to community members who are experiencing difficulties due to mental illness. Services are personalized to the needs of each participant by assessing his/her strengths, abilities and preferences.

- **Narrative Therapy Support Group** The intent of this service is to provide preventative support groups, counseling and education for caregivers and program participants at risk of clinical depressions, anxiety, and higher physical health needs by arming them with specific tools and resources for healthy habits
- **Psychiatric Services** the geriatric psychiatrist provides a person-centered approach to behavioral health issues in older adults reducing symptoms of depression and anxiety while assisting with the total health and wellness of the individual.



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- ***Brain Injury & Epilepsy Community Support & Behavioral Health Services*** include an array of services, including those provided on a daily basis in order to assess, restore, or maintain a consumer's emotional or behavioral capacity.

Live 4 Lali, Inc. \$150,000

<https://live4lali.org/>

Live4Lali works to reduce stigma and prevent substance use disorder among individuals, families, and communities, and minimize the overall health, legal and social harms associated with substance use.

- ***McHenry County Harm Reduction and Recovery Program*** offers opioid overdose prevention and harm reduction training and supplies, comprehensive education, peer recovery support, and case management for countywide individuals using or misusing substances, individuals struggling with a Substance Use Disorder (SUD) and their loved ones. It also offers a wide range of educational experiences for professionals, associations, and other groups.

Mathers Community Mental Health Center, LLC \$150,000

<http://www.themathersclinic.com/>

Mathers' exists to meet the behavioral and mental health needs for those within the community who seek professional help to relieve their suffering, enhance their recovery and promote their emotional well-being.

- ***Psych Express*** provides the community with psychiatric availability. Clients who are in crisis mode will receive an assessment by a qualified mental health professional and then see a psychiatrist or a psychiatric nurse practitioner for additional treatment which may include medication monitoring or a higher level of treatment. The goal is to serve clients on an urgent basis.

Mathers Recovery, LLC..... \$100,000

<http://themathersrecovery.com/>

Mathers Recovery is committed in providing outpatient treatments that are conducted in the most compassionate and confidential environment for adults, children, adolescents, couples and families.

- ***Medically Managed Opiate Recovery Program*** provides a clinically proven and evidence based treatments for opiate dependence, offering a full range of services including: outpatient detoxification, medication assisted treatments and methadone maintenance

National Alliance on Mental Illness (NAMI) McHenry County \$265,000

<http://namimchenrycounty.org/>

NAMI-McHenry County is a non-profit, volunteer-based organization dedicated to improving the quality of lives for those whose lives are affected by mental illness. NAMI-McHenry County offers an array of free services including self-help groups, educational classes, workshops, trainings, community presentations and advocacy. These free services draw on the lived experience of individuals who have experienced mental illness in their lives.

- ***Recovery Support Services*** provide evidence-based educational classes and training that informs and equips families, community members and professionals with the knowledge to understand the different brain and mood disorders, identify the signs and symptoms of a mental health condition, and how to provide healthy support and safe intervention.



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New Directions Addiction Recovery Services \$75,000

<http://ndars.org/>

New Directions is focused on providing a network of service that address substance abuse in the community. The organization's focus is on three areas: advocacy, treatment, and continued support.

- **Sober Living Case Management** *Life skills training conducted by Case Mangers include basic budgeting, resume development and interviewing techniques, and support for following through with legal and personal commitments. This support provided through Case Management allows individuals in early sobriety to focus on their recovery. As a central key to our approach to relapse prevention, we provide support from multiple approaches to help treat the various underlying factors that contribute to substance abuse and relapse.*

Northern Illinois Medical Center d/b/a Northwestern Medicine - Woodstock \$1,123,000

<https://www.nm.org/locations/woodstock-hospital>

Northwestern Medicine Woodstock Hospital, an extension of Northwestern Medicine McHenry Hospital, is a regional destination for behavioral health services and outpatient care. The 34-bed hospital features inpatient behavioral health services, as well as an emergency department and a wide range of outpatient services including laboratory and medical imaging.

- **Behavioral Health Access and Crisis Services** *ensures our community members have immediate access to a crisis phone line and face to face crisis assessments, focusing on supporting an array of crisis response and stabilization services.*
- **Substance Abuse Nurse Educator & Community Liaison** *focuses on leveraging Northwestern Medicine, Mental Health Board, and community resources to enhance knowledge and accessibility to substance abuse information and services across McHenry County. This role supports the following key initiatives/partnerships: Law enforcement Narcan/Naloxone program, A Way Out Program, Community education and training events, Substance Abuse Coalition activities, Mother and newborn opioid initiatives, and Nursing CEU Liaison.*

Northern Illinois Special Recreation Association (NISRA) \$109,000

<http://www.nisra.org/>

NISRA provides year round special recreation programs that meet the social, cognitive, physical and emotional needs of people with disabilities so that they may participate actively in their community in the least restrictive setting.

- **SASS Therapeutic Intervention** *provides emotional disturbed youth at risk of institutional placement with positive life experiences which fulfill their treatment plan as defined by the SASS Panel and to develop social skills in the context of a public recreational experience. The main treatment modalities include individual and family assessment, leisure education, and a wide array of community based group activities and interventions.*
- **McCAP Community Integration Outings** *provides structured community based therapeutic recreation services to young adults with multiple developmental disabilities who have aged out of public school services and may not be appropriate for placement in traditional day services programming.*
- **Day Treatment** *provides structured community based therapeutic activities for children who have a severe disability (MI or DD) as defined by DCM-5-TR and ICD-10-CM. The purpose of the program is to provide a variety of therapeutic activities that promote normal socialization,*



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physical and emotional health, increased self-esteem, self-actualization and constructive use of leisure time.

- **Respite Services** facilitates a voucher based reimbursement system that allows families to access community based recreation and leisure activities/services.

Northwest Center Against Sexual Assault (Northwest CASA) \$25,000

<http://www.nwcasa.org/>

Northwest Center Against Sexual Assault (Northwest CASA) is a full service agency that provides free services to sexual assault survivors and their loved ones within McHenry County.

- **CARE Center Sexual Assault Intervention Program** consists of the following services: 24/7 medical advocacy for a sexual assault victim who seeks emergency room medical care in a McHenry county hospital; 24/7 criminal justice advocacy (in English and Spanish) at any police station in McHenry county and at the McHenry county courthouse in Woodstock; individual, family and couple trauma-informed counseling/therapy, in English and Spanish, for sexual assault victims of any age and their significant others who are impacted by the sexual trauma; 24/7 telephone crisis counseling in collaboration with the McHenry County Crisis Line.

Northwestern Medicine Regional Medical Group \$88,000

<https://rmg.nm.org/>

The Northwestern Medicine Comprehensive Epilepsy Center “the Center” is devoted to caring for patients living with epilepsy and other seizure disorders. The Center is made up of a regional multidisciplinary team which includes neurologists, neurosurgeons, psychiatrists, psychologists, social workers, as well as specialized nurses and EEG technicians who all are committed to providing excellent care for patients with seizures.

- **Epilepsy Triage Program Nurse & Epilepsy Services** will follow the American Academy of Neurology’s guidelines to provide specialized Epilepsy care for insured and uninsured patients.

Options & Advocacy \$470,000

<http://www.optionsandadvocacy.org/>

Options & Advocacy has been part of the McHenry County community since 1994 and have provided thousands of infants, children, adults and families with a wide range of services and supports.

- **Bilingual Liaison** enables Options & Advocacy to offer all of the services that they provide to the Spanish speaking community.
- **Autism Resource Center** is for families who have a child with an autism spectrum disorder (ASD) or suspects their child has an ASD. This program will: Provides free monthly screenings, Connects families to diagnostic locations; Builds a family’s understanding of their child’s ASD through 1 on 1 counseling opportunities; Provides resources and referrals; Creates a service plan for the family’s short and long term goals; Provides classroom observations, team consultations, and educational advocacy; Offers parent support group opportunities; Supports individuals with an ASD through social opportunities; Provides training to McHenry County residents, providers, and business owners to build a more inclusive community



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Pioneer Center for Human Services..... \$1,043,500

<http://www.pioneercenter.org/>

Pioneer Center for Human Services provides Intellectual & Developmental Disability Services, Community Based Services, and McHenry County PADS—Homeless Services, helping to empower individuals to achieve their full potential.

- **Autism Day Program** focuses on individualized service planning, skill development, education, socialization, community inclusion, therapy/sensory supports and volunteer opportunities.
- **Child and Family Therapy Center Start-up** is a comprehensive behavioral health program designed to provide therapeutic intervention in the lives of youth.
- **Client and Family Services (CFS)** programming offers the clients training in all life skills areas to promote and/or maintain the highest level of independence.
- **Client Benefit Specialist** is a “support” level position that provides assistance with coordinating client care. Assistance is provided with the benefit application process, monitoring and support related to maintaining awarded benefits as well as Representative Payee services.
- **Dayton Day Services** provides skills training, workplace skills, socialization opportunities, recreational opportunities, classroom activities, leisure time skills, and activities in the community will be an integral part of the program. Activities such as shopping, fitness, bowling, banking and going out to lunch will provide the participants with socialization opportunities in a community setting. Volunteer opportunities are also provided, including working at a food bank, animal shelter, local libraries, and ReStore. All individuals are involved in developing an individual person centered plan.
- **IDD Wellness Nurse** key areas include exercise, nutrition, and monitoring of health related stats such as weight and blood pressure. The Wellness R.N will also assist with day program medication and treatment administration that any day program participant require to be able to attend our services.
- **Me Program** is a self-driven community based program that provides a variety of in-house and community based opportunities. Me provides programming to individuals who wish to enrich their lives, work on life goals chosen by themselves, and become more active in their community.
- **PADS Case Management** is responsible for carrying out a structured, individualized and closely supervised living/training experience designed to promote the acquisition of independent living skills, community resource utilization and self-sufficiency.
- **PADS Recovery Specialist** assists PADS clients (with mental health and/or substance abuse needs) in regaining control over their own lives and control over their recovery processes. The Recovery Specialist models competence and the possibility of recovery.

Rosecrance, Inc..... \$990,000

<http://www.rosecrance.org/>

Rosecrance is a private not-for-profit organization offering behavioral health services for children, adolescents, adults and families throughout the country. Rosecrance offers comprehensive addiction services for adolescents and adults, including prevention, intervention, detoxification, inpatient and outpatient treatment, experiential therapies, dual-diagnosis care and family education.

- **Community Based Adolescent Services** are a collection of comprehensive services that assist client and families in the specific areas that they require the most support. These services are delivered in the clients and families most natural environment including their homes, schools



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and community. The comprehensive services include mental health and substance abuse school assistance counselors and community based case managers.

- **Community Support Team** is a recovery and resiliency oriented, intensive community based rehabilitation and outreach service for adults and youth. It is a team approach that consists of mental health interventions and support.
- **Interpreting Services** include the relaying of a spoken or signed message from one language into another language accurately and completely to help with assessments, crisis calls, follow up phone calls and sessions as needed.
- **Mental Health Services** provides accessible, coordinated and evidence-based/best practice mental health treatment and crisis intervention to residents of McHenry County, based on system of care principles and through an array of services designed to achieve effective outcomes supporting a recovery based model.
- **Psychiatry** To provide psychiatric intervention to children/adolescents/adults by the way of psychiatric diagnostic, medication monitoring, medication management, and medication education and ensuring medication availability for medically indigent.
- **Recovery Home** provides stable housing for those in recovery from substance dependence who need further services to enhance their recovery process. Services are available to adults 18 and above, male or female, who are in need of further stabilization after residential or primary treatment.
- **Substance Abuse Services** focus is on teaching alcoholics and addicts how to live with the condition for a lifetime through abstinence, with the help of the 12 Steps of Alcoholics Anonymous and other natural support systems in the community.

Rush University Medical Center..... \$85,000 (Allocated)

- *Specialized Epilepsy Services (Start Date and Service TBD – Dr. Rossi 312-942-5936)*

Thresholds.....\$583,500

<http://www.thresholds.org/>

Thresholds provides healthcare, housing, and hope for thousands of persons with mental illnesses and substance use disorders in Illinois each year. Through care, employment, advocacy, and housing, Thresholds assists and inspires people with mental illnesses to reclaim their lives.

- **Housing Specialist** works with other providers to identify homeless individuals with severe mental illness and facilitate their transition in one of our three Permanent Supportive Housing (PSH) programs. They will also be the local manager of HMIS reporting data. Additionally, the Housing Specialist develops relationships with the McHenry Housing Authority, landlords and property managers to expand to inventory of available affordable housing for County residents with mental illness who would otherwise have difficulty finding and maintaining stable housing.
- **Non-Medicaid Community Support Services** Community Support Services offer support for members in their homes or in the community, and are adapted to meet the unique recovery goals and needs of our members. These services aid members in maintaining the stability of psychiatric symptoms between psychiatry appointments and other, more traditional treatment interventions.
- **Nurse Administration** completes all administrative duties in a manner that assures that the integrative health needs of the members are adequately addressed, serves as the Medication



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Officer, serves as liaison and clinical consultant for all clinical teams within our program, as well as our two local FQHC's in order to promote integrated health and enhance the quality of care received by our members.

- **Representative Payee Services** Community Support Staff work with each member to create a monthly budget/spending plan. Assisting the member in developing financial goals, including, when appropriate, assuming full independent responsibility for their benefits, as well as working to scaffold money management skills with discretionary spending while maintaining a safety net, assuring payment of priority expenses of housing, food and medical/psychiatric care.

Transitional Living Services, Inc. dba TLS Veterans..... \$215,000

<http://www.tlsveterans.org/>

TLS works to guide homeless veterans back into the community as productive members; engages military families as they face emotional challenges of deployment and reintegration; and challenges residents in our community to support veterans, the troops and military families.

- **Recovery Support and Treatment, New Horizons** ensure that clinical services in the form of recovery support are provided to the formerly homeless veterans going through the transitional living program, New Horizons. These services are provided while the veterans reside in the program as well as after discharge if they choose the ongoing support.
- **Recovery Support and Treatment, Peer Support Group** is comprised of three veterans who are certified as peer support specialists, who manage the drop-in resource center at the agency. They receive phone calls and drop-in visits from veterans and/or veteran family members who need mental health support for any reason and provide support groups aimed at decreasing isolation and increasing recovery efforts.

Turning Point, Inc.....\$620,000

<http://www.turnpt.org/>

Turning Point is a domestic violence agency with a mission to confront violence against women and children in McHenry County, Illinois. Turning Point offers services to women, men and children.

- **C/V Advocate** services include: crisis intervention and stabilization, secure emergency shelter, legal and non-legal advocacy, individual and group counseling, support groups and referral services.
- **CVA Outreach Events** prevention and education advocate visits county schools and summer camp programs and provides age-appropriate presentations on the effects of bullying and violence. At the high school level, teen dating violence is addressed.
- **Partner Abuse Treatment and Prevention Program (PATPP)** provides education to adults, mostly men, who are abusive or are at risk of abusing their partners or family members. The program is an extension of victims' services in that it functions as a way to stop or limit the violence other women and children might experience with the client in the future.
- **Trauma Based Services** address adult and child mental health issues resulting from past domestic violence trauma ensuring client safety prior to implementing service delivery models and applying trauma-based strategies throughout every step of the process.
- **Nurturing Parent Program** will serve clients, both victims and perpetrators of domestic violence, as well as referred clients from DCFS and other local service providers. Class content will focus on subjects including: Family Dynamics; The Impact of Domestic Violence on Children; Physical,



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Psychological and Emotional Effects of Abuse: Breaking the Cycle; Children’s Developmental Stages; Blended Families and Single Income Families and Parenting Styles; Discipline vs. Punishment; Setting Limits, Time Out, Consequences; Listening Skills; Communicating Feelings, Values and Encouragement; and Problem-Solving Skills.

Youth and Family Center of McHenry County \$140,000

<https://yfc-mc.org/>

The Youth and Family Center of McHenry County exist to ensure empowerment and growth for youth and families by partnering with our community to provide direct services and linkage to individuals in McHenry County.

- **Adult Prevention Program** empowers adults with vital skills and knowledge to increase their level of functioning and to improve their quality of life. The services provided reinforce positive mental health choices, promote healthy lifestyles, and improve clients' capacity to access essential services
- **Bilingual Service Navigation Program** provides one-on-one navigation services to individuals and families to help discern their needs and provide linkage support, including linguistic and cultural interpretation of documents and services. The types of services that clients request assistance connecting to are medical and mental health services, child care, employment, education, basic needs, interpretation, legal issues, and parenting resources.
- **Youth Prevention Program** enables, empowers, and encourages youth to achieve positive growth and development, improve expectations and capacities for future success, and avoid and/or reduce risk-taking behavior. The program offers preventative programming after school and in the summer when youth are highly likely to engage in risk-taking behaviors and/or experience isolation.

Mental Health Board and Provider Managed Activities\$499,890

Mental Health Board and Provider Managed Activities include Network Marketing, Training and Training Materials as well as access to medication, transportation, interpreter and specialty services. Also included is support of the “A Way Out” and Psychiatric Loan Recognition programs.