

# Valley Hi Nursing and Rehabilitation 2nd Floor JANUARY 2020

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:30 Zion Lutheran Video  
12:00 Daily Chronicles  
3:00 Social Hour  
4:00 Room Visits

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8:00 Weekend Update  
10:15 Balloon Ball  
12:00 Daily Chronicles  
2:15 Bulletin Board Art  
4:15 Warm Hands  
6:15 Monday Night Trivia

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8:00 Morning News  
10:00 Resident's Council  
10:15 Bulletin Board continued  
12:00 Daily Chronicles  
2:30 Manicures/Music  
3:15 Seated Yoga  
4:15 Warm Hands  
6:15 Cards

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8:00 Midweek News  
10:00 Rosary  
10:15 Ice Fishing for Answers  
12:00 Daily Chronicles  
2:15 Jumbo Crossword  
3:15 Dice Game  
4:15 Warm Hands  
6:15 Five Senses Group

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8:00 Morning Greet  
10:00 Communion  
10:15 Barb Klein Sing Along  
12:00 Daily Chronicles  
2:15 Calendar Decorating

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8:00 Morning Greet  
10:00 Communion  
10:15 Manicures/Music  
11:00 Fellowship with Tony  
12:00 Daily Chronicles  
1:30 Zion Lutheran Service  
2:15 Finish That Line  
3:15 Winter Word Games  
4:15 Warm Hands

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8:00 Coffee and Conversation  
10:15 Bingo  
12:00 Daily Chronicles  
2:15 Manicures/Music  
3:15 Sharpen Your Senses  
6:00 Resident's Choice Movie

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8:00 Coffee and Conversation  
10:15 Bingo  
12:00 Daily Chronicles  
2:15 Uno  
3:15 Sharpen Your Senses  
4:15 Warm Hands  
6:00 Resident's Choice Movie

10

8:00 Saturday Breaking News  
10:15 Expressive Art  
12:00 Daily Chronicles  
2:00 Ice Cream Shop  
3:30 Hallmark Movie

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9:30 Zion Lutheran Video  
12:00 Daily Chronicles  
2:00 Harvard Bible Church  
3:00 Social Hour  
4:00 Assorted Games

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8:00 Weekend Update  
10:15 Balloon Ball  
12:00 Daily Chronicles  
2:15 Word Search/Word Games  
3:15 Guess That Celebrity  
4:15 Warm Hands  
6:15 Monday Night Trivia

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8:00 Morning News  
10:15 Music with Mary Ellen  
12:00 Daily Chronicles  
2:15 Manicures/Music  
3:15 Seated Yoga  
4:15 Warm Hands  
6:15 Cards

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**Breakfast In**  
8:00 Midweek News  
10:00 Rosary  
10:15 Relaxing with Colors  
12:00 Daily Chronicles  
2:15 Hangman  
3:15 Sit and Get Fit

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8:00 Morning Greet  
10:00 Communion  
10:15 Manicures/Music  
11:00 Fellowship with Tony  
12:00 Daily Chronicles  
2:15 Bunco Party on 1st floor  
3:30 Winter Word Games  
4:15 Warm Hands

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8:00 Coffee and Conversation  
10:00 Ryan Peterman  
12:00 Daily Chronicles  
2:15 Word Games  
3:30 Sharpen Your Senses  
4:15 Warm Hands  
6:00 Resident's Choice Movie

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8:00 Saturday Breaking News  
10:15 Expressive Art  
12:00 Daily Chronicles  
2:00 Ice Cream Shop  
3:30 Hallmark Channel

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9:30 Zion Lutheran Video  
12:00 Daily Chronicles  
2:00 First Presbyterian  
Harvard Church  
3:00 Social Hour  
4:00 Record Time

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**Martin Luther King Jr. Day**  
8:00 Weekend Update  
10:15 Word Search  
12:00 Daily Chronicles  
2:15 Cards and Games  
3:15 Movie Magic Sing Along  
4:15 Warm Hands  
6:15 Monday Night Trivia

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8:00 Morning News  
10:00 Chicagoland Duo sings  
12:00 Daily Chronicles  
2:15 Manicures/Music  
3:15 Seated Yoga  
4:15 Warm Hands  
6:15 Cards

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**Dinner In**  
8:00 Midweek News  
10:00 Rosary  
10:15 Name That TV Show  
12:00 Daily Chronicles  
2:15 LCR  
3:15 Memory Pics  
6:30 Five Senses Group

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8:00 Morning Greet  
10:00 Communion  
10:15 Manicures/Music  
12:00 Daily Chronicles  
2:15 Finish That Line  
3:15 Winter Word Games  
4:15 Warm Hands

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8:00 Coffee and Conversation  
10:15 Bingo  
12:00 Daily Chronicles  
2:15 Uno  
3:15 Birthday Cake  
4:15 Warm Hands  
6:00 Resident's Choice Movie

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8:00 Saturday Breaking News  
10:15 Creative Art  
12:00 Daily Chronicles  
2:00 Ice Cream Shop  
3:30 Hallmark Channel

25



9:30 Zion Lutheran Video  
12:00 Daily Chronicles  
1:00 St. John's Church  
3:00 Social Hour  
4:00 Word Puzzles

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8:00 Weekend Update  
10:15 Balloon Ball  
12:00 Daily Chronicles  
1:30 Bingo Cart  
3:30 Bunco  
4:15 Warm Hands  
6:15 Monday Night Trivia

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8:00 Morning News  
10:15 Painting to Music  
12:00 Daily Chronicles  
2:00 Ruby Dee Swing  
3:15 Seated Yoga  
4:15 Warm Hands  
6:15 Cards

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8:00 Midweek News  
10:00 Rosary  
10:15 Heart Mosaic  
12:00 Daily Chronicles  
2:15 Mosaic continued  
3:15 Sit and Get Fit  
4:15 Warm Hands  
6:15 Five Senses Group

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8:00 Morning Greet  
10:00 Communion  
10:15 Manicures/Music  
11:00 Fellowship with Tony  
12:00 Daily Chronicles  
1:00 Memorial Service  
2:30 February Calendar Planning  
3:15 Winter Word Games  
4:15 Warm Hands

30

8:00 Coffee and Conversation  
10:15 Bingo  
12:00 Daily Chronicles  
2:15 Manicures/Music  
3:15 Sharpen Your Senses  
4:15 Warm Hands  
6:00 Resident's Choice Movie

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\* **Guests are welcome at activities**  
\* **Mail Delivered Monday-Saturday**  
\* **Friendly Visits Occur Daily**

