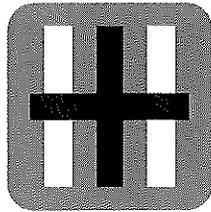


# Help is a click away

## MCHHELP



MCHHELP APP IS EXPANDED TO PROVIDE:

A Way Out for Substance Abuse

Information & Referral via 2-1-1

Helping links via McHenry County Mental Health Board

Q.P.R. Suicide Prevention

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