

# Valley Hi Nursing and Rehabilitation

## 2nd Floor

## JULY 2019

### Sunday

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

### Saturday

<ul style="list-style-type: none"> <li>• <b>Guests are welcome at all activities</b></li> <li>• <b>Mail Delivered Monday—Saturday</b></li> <li>• <b>Friendly Visits Occur Daily</b></li> <li>• <b>IPADS are available during daily Activities</b></li> </ul> 	<p>8:00 Weekend Update 10:15 Bulletin Board Art 12:00 Lunch Highlights 2:15 Bulletin Board continued 3:15 Short Stories 4:15 Warm Hands 6:15 Evening Trivia</p> <p style="text-align: right;"><b>1</b></p>	<p>8:00 Morning News 10:15 Manicures/Music 12:00 Lunch Highlights 2:15 Hikes 3:30 Table Puzzles 4:15 Table Chat</p> <p style="text-align: right;"><b>2</b></p>	<p>8:00 Midweek News 10:00 Rosary 10:15 Patriotic Craft 12:00 Daily Chronicles 2:15 Poetry Time 3:15 Stretch to Patriotic music 4:15 Warm Hands 6:15 What's in the Bag "July"</p> <p style="text-align: right;"><b>3</b></p>	<p><b>Independence Day</b> </p> <p>8:00 Morning Greet 10:00 Communion 10:15 July 4th Trivia 2:15 Red, White and Blue Treats 3:15 Aim for the Stars Toss</p> <p style="text-align: right;"><b>4</b></p>	<p>8:00 Coffee and Conversation 10:15 Bingo 12:00 Lunch Highlights 2:15 Finish That Line 3:15 Word Games 4:30 Friday Trivia 6:00 Resident's Choice Movie</p> <p style="text-align: right;"><b>5</b></p>	<p>8:00 Saturday Breaking News 10:15 Artful Expressions 12:00 Lunch Highlights 2:00 Ice Cream Shop 3:30 Hallmark Channel</p> <p style="text-align: right;"><b>6</b></p>
<p>9:30 Zion Lutheran Video 12:00 Lunch Highlights 1:30 Hymns in multi-purpose room 3:00 Pokeno 4:00 Assorted Games</p> <p style="text-align: right;"><b>7</b></p>	<p>8:00 Weekend Update 10:00 Resident's Council 10:15 Making Bird Treats 12:00 Lunch Highlights 2:15 Cards and Games 3:15 Jumbo Crossword Puzzle 4:15 Warm Hands 6:15 Three of the Same Game</p> <p style="text-align: right;"><b>8</b></p>	<p>8:00 Morning News 10:00 Bible Study 10:15 Music with Mary Ellen 12:00 Lunch Highlights 2:15 Hikes 3:30 Manicures/Music 4:15 Table Chat</p> <p style="text-align: right;"><b>9</b></p>	<p><b>Breakfast Out</b> </p> <p>8:00 Midweek News 10:00 Rosary 10:15 Balloon Ball 12:00 Daily Chronicles 2:15 Stamping a Picture 3:15 Cheese and Sparkling Wine 4:15 Warm Hands 6:15 Travelogue/ Jamaica</p> <p style="text-align: right;"><b>10</b></p>	<p>8:00 Morning Greet 10:00 Communion 10:15 Barb Klein 11:00 Fellowship with Tony 1:30 Zion Lutheran Service 2:15 Courtyard/Frozen Treats 3:30 Baseball Toss 4:15 Warm Hands 6:15 Finish That Phrase</p> <p style="text-align: right;"><b>11</b></p>	<p>8:00 Coffee and Conversation 10:15 Bingo 12:00 Lunch Highlights 2:15 Jokes and Riddles 3:15 Reminisce with I-Pad 4:30 Daily Chronicles 6:00 Resident's Choice Movie</p> <p style="text-align: right;"><b>12</b></p>	<p>8:00 Saturday Breaking News 10:15 Let's Be Crafty 12:00 Lunch Highlights 2:00 Ice Cream Shop 3:30 Hallmark Channel</p> <p style="text-align: right;"> <b>13</b></p>
<p>9:30 Zion Lutheran Video 12:00 Lunch Highlights 2:00 Harvard Bible Church 3:00 Activity Cart 4:00 Record Time</p> <p style="text-align: right;"><b>14</b></p> 	<p>8:00 Weekend Update 10:15 Balloon Hockey 12:00 Lunch Highlights 2:15 LCR  3:15 Short Stories 4:15 Warm Hands 6:15 Trivia with I-Pad</p> <p style="text-align: right;"><b>15</b></p>	<p>8:00 Morning News 10:00 Bible Study 10:15 Manicures/Music 12:00 Lunch Highlights 2:15 Hikes 3:30 Fishing for Answers 4:15 Table Chat</p> <p style="text-align: right;"><b>16</b></p>	<p>8:00 Midweek News 10:00 Rosary 10:30 Frances Mai Ling 12:00 Daily Chronicles 2:15 Making Door Decorations 3:00 Pokeno 4:15 Warm Hands 6:15 Pass the Hat sing-along</p> <p style="text-align: right;"><b>17</b></p>	<p><b>Dinner In</b></p> <p>8:00 Morning Greet 10:00 Communion 10:15 Piano Music with Mark 11:00 Fellowship with Tony 12:00 Lunch Highlights 2:15 Woodstock Presbyterian 3:30 Jigsaw Puzzles 6:15 Shut The Box</p> <p style="text-align: right;"><b>18</b></p>	<p>8:00 Coffee and Conversation 10:00 Ryann Peterman music 12:00 Lunch Highlights 2:15 Blackjack 3:15 Word Games  4:30 Friday Trivia 6:00 Resident's Choice Movie</p> <p style="text-align: right;"><b>19</b></p>	<p>8:00 Saturday Breaking News 10:15 Expressive Art 12:00 Lunch Highlights 2:00 Ice Cream Shop 3:30 Hallmark Channel</p> <p style="text-align: right;"><b>20</b></p>
<p>9:30 Zion Lutheran Video 12:00 Lunch Highlights 2:00 First Presbyterian Church of Harvard 3:00 Pokeno 4:00 Word Puzzles</p> <p style="text-align: right;"><b>21</b></p>	<p>8:00 Weekend Update 10:15 Balloon Ball 12:00 Lunch Highlights 1:30 Bingo Cart 3:30 Relaxing with Colors 4:15 Warm Hands 6:15 Finish That Line</p> <p style="text-align: right;"><b>22</b></p>	<p>8:00 Morning News 10:00 Bible Study 10:15 Manicures/Music 12:00 Lunch Highlights 2:15 Hikes 3:30 Parachute  4:15 Table Chat</p> <p style="text-align: right;"><b>23</b></p>	<p>8:00 Midweek News 10:00 Rosary 10:15 Bowling 12:00 Daily Chronicles 2:30 Card Art 3:15 Scarf Dancing 4:15 Warm Hands 6:15 Travelogue/ Greenland</p> <p style="text-align: right;"><b>24</b></p>	<p>8:00 Morning Greet 10:00 Communion 10:15 Bunco 11:00 Fellowship with Tony 12:00 Lunch Highlights 2:00 Back To School Fun 3:30 What's In The Bag 4:15 Warm Hands 6:15 Jumbo Crossword Puzzle</p> <p style="text-align: right;"><b>25</b></p>	<p>8:00 Coffee and Conversation 10:15 Bingo 12:00 Lunch Highlights 2:15 Records and Word Search 3:15 Birthday Cake 4:30 Daily Chronicles 6:00 Resident's Choice Movie</p> <p style="text-align: right;"><b>26</b></p>	<p>8:00 Saturday Breaking News 10:15 Creative Art 12:00 Lunch Highlights 2:00 Ice Cream Shop 3:30 Hallmark Channel</p> <p style="text-align: right;"><b>27</b></p>
<p>9:30 Zion Lutheran Video 12:00 Lunch Highlights 1:00 St. John's Lutheran Service 3:00 Social Hour 4:00 Assorted Games</p> <p style="text-align: right;"><b>28</b></p>	<p>8:00 Weekend Update 10:15 Volleyball 12:00 Lunch Highlights 2:15 Jigsaw puzzles 3:15 Bunco 4:15 Warm Hands 6:15 Evening Trivia</p> <p style="text-align: right;"><b>29</b></p>	<p>8:00 Morning News 10:00 Bible Study 10:15 Manicures/Music 12:00 Lunch Highlights 2:15 Hikes 3:30 Cards 4:15 Table Chat</p> <p style="text-align: right;"><b>30</b></p>	<p><b>Lunch In</b></p> <p>8:00 Midweek News 10:00 Rosary 10:00 Switchback Entertainment 12:00 Daily Chronicles 2:15 Tic Tac Toe Toss 3:30 Bells 4:15 Warm Hands 6:15 Blackjack</p> <p style="text-align: right;"><b>31</b></p>			