

Valley Hi Nursing and Rehabilitation

2nd Floor

March 2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

- Guests are welcome at all activities
- Mail Delivered Monday—Saturday
- Friendly Visits Occur Daily
- IPADS are available during daily Activities



8:00 Coffee and Conversation
 10:15 Bingo/Stretch
 12:00 Lunch Highlights
 2:15 Manicures/Sing-a-long
 3:15 Brain Teasers
 4:30 Daily Chronicles
 6:00 Resident's Choice Movie **1**

8:00 Saturday Breaking News
 10:15 Artful Expressions
 12:00 Lunch Highlights
 2:00 Ice Cream Shop
 3:30 Hallmark Channel **2**

9:30 Zion Lutheran Video
 12:00 Lunch Highlights
 1:30 Hymns in multi-purpose room
 3:00 Social Hour
 4:00 Assorted Games **3**

8:00 Weekend Update
 10:15 Balloon Ball
 12:00 Lunch Highlights
 2:15 Calendar Decorating
 3:15 Reminisce/Stories
 4:15 Warm Hands
 6:15 Traveling Trivia/Games **4**

Mardi Gras/Fat Tuesday
 8:00 Morning News
 10:00 Resident's Council
 10:15 Making Mardi Gras Masks
 12:00 Lunch Highlights
 2:15 Mardi Gras Treats
 3:15 Sensory Ball
 4:15 Picture Book Stories **5**

Breakfast In/Ash Wednesday
 8:00 Midweek News
 10:00 Rosary
 10:15 Relaxing with Colors
 12:00 Daily Chronicles
 1:00 Mass
 2:15 Brain Teasers
 3:15 Healing Drums
 4:15 Warm Hands
 6:15 Travelogue/Australia **6**

8:00 Morning Greet
 10:00 Communion
 10:15 Barb Klein
 11:00 Fellowship with Tony
 12:00 Lunch Highlights
 2:15 Spring Door Decorations
 3:15 Target Shoot
 4:15 Warm Hands
 6:15 Art Appreciation **7**

8:00 Coffee and Conversation
 10:15 Bingo/Stretch
 12:00 Lunch Highlights
 2:15 Manicures/Sing-a-long
 3:15 Brain Teasers
 4:30 Daily Chronicle
 6:00 Resident's Choice Movie **8**

8:00 Saturday Breaking News
 10:15 Let's Be Crafty
 12:00 Lunch Highlights
 2:00 Ice Cream Shop
 3:30 Hallmark Channel **9**

Daylight Savings Time

 9:30 Zion Lutheran Video
 12:00 Lunch Highlights
 2:00 Harvard Bible Church
 3:00 Social Hour
 4:00 Trivia **10**

8:00 Weekend Update
 10:15 Volleyball
 12:00 Lunch Highlights
 2:15 Elder Songs/Manicures
 3:15 Organizing Objects
 4:15 Warm Hands
 6:15 Traveling Trivia/Games **11**

8:00 Morning News
 10:00 Bible Study
 10:15 Mary Ellen sing-a-long
 12:00 Lunch Highlights
 2:15 Painting with Green Peppers
 3:15 Dominoes
 4:15 Picture Book Stories **12**

Lunch Outing
 8:00 Midweek News
 10:00 Rosary
 10:15 Paper Flower Quilt
 2:15 Sensory Ball
 3:15 Chair Exercises
 4:15 Warm Hands
 6:15 Pass the Hat sing-a-long **13**

8:00 Morning Greet
 10:00 Communion
 10:15 Balloon Ball
 11:00 Fellowship with Tony
 1:30 Zion Lutheran Service
 2:15 Manicures/Sing-a-long
 3:15 Making Bird Treats
 4:15 Warm Hands
 6:15 Travelogue/Hawaii **14**

8:00 Coffee and Conversation
 10:00 Ryan Peterman sings
 12:00 Lunch Highlights
 1:30 Shamrock Shakes
 2:15 St. Patrick's Day Party
 3:15 Brain Teasers
 4:30 Daily Chronicles
 6:00 Resident's Choice Movie **15**


 8:00 Saturday Breaking News
 10:15 Expressive Art
 12:00 Lunch Highlights
 2:00 Ice Cream Shop
 3:30 Hallmark Channel **16**

Happy St. Patrick's Day!

 9:30 Zion Lutheran Video
 12:00 Lunch Highlights
 2:00 First Presbyterian Church of Harvard
 3:00 Social Hour
 4:00 Word Puzzles **17**

8:00 Weekend Update
 10:15 Cooking Club
 12:00 Lunch Highlights
 2:15 Treats and Records
 3:15 Reminisce/Stories
 4:15 Warm Hands
 6:15 Traveling Trivia/Games **18**

Let's Laugh Day
 8:00 Morning News
 10:00 Bible Study
 10:15 Manicures/Music
 12:00 Lunch Highlights
 2:15 Jokes and Riddles
 3:15 Sensory Ball
 4:15 Picture Book Stories **19**

Dinner In/First Day of Spring
 8:00 Midweek News
 10:00 Rosary
 10:00 Gale Rose perform 
 12:00 Daily Chronicles
 2:30 Flower Picking Trivia
 3:15 Let's Get Moving
 6:15 Travelogue/Mexico **20**

8:00 Morning Greet
 10:00 Communion
 10:15 Relaxing with Spring Colors
 11:00 Fellowship with Tony
 12:00 Lunch Highlights
 2:00 Presbyterian Church sings
 3:15 Bowling
 4:15 Warm Hands
 6:15 Finish That Line **21**

National Sing Out Day
 8:00 Coffee and Conversation
 10:15 Bingo/Stretch
 12:00 Lunch Highlights
 2:15 Manicures / Music 
 3:15 Birthday Cake
 4:30 Daily Chronicles
 6:00 Resident's Choice Movie **22**

8:00 Saturday Breaking News
 10:15 Creative Art
 12:00 Lunch Highlights
 2:00 Ice Cream Shop
 3:30 Hallmark Channel **23**


9:30 Zion Lutheran Video
 12:00 Lunch Highlights
 1:00 St. Johns Church
 3:00 Social Hour
 4:00 Record Time
National Crayola Crayon Day
 9:30 Zion Lutheran Video
 12:00 Lunch Highlights
 1:30 Hymns in the multi purpose room
 3:00 Social Hour
 4:00 Relaxing with Colors **24**
31

8:00 Weekend Update
 10:15 Balloon Ball
 12:00 Lunch Highlights
 1:30 Bingo Cart
 3:15 Sorting Supplies
 4:15 Warm Hands
 6:15 Traveling Trivia **25**

8:00 Morning News
 10:00 Bible Study
 10:15 Manicures/Music
 12:00 Lunch Highlights
 2:15 Records and Treats
 3:15 Yahtzee
 4:15 Picture Book Stories **26**

Lunch In
 8:00 Midweek News
 10:00 Rosary
 10:15 Calendar Planning
 2:15 Jumbo Crossword Puzzle
 3:15 Tai Chi
 4:15 Warm Hands
 6:15 What's in the Bag? **27**

8:00 Morning Greet
 10:00 Communion
 10:15 Spring Magazine Collage
 11:00 Fellowship with Tony
 12:00 Lunch Highlights
 2:15 Painting to Music
 3:15 Golf
 4:15 Warm Hands
 6:15 Travelogue/Italy **28**

1886 Coca Cola Invented

 8:00 Coffee and Conversation
 10:15 Bingo/Stretch
 12:00 Lunch Highlights
 2:15 Manicures/Sing-a-long
 3:15 Coca Cola and History
 4:30 Daily Chronicle **29**

8:00 Saturday Breaking News
 10:15 Pick A Craft
 12:00 Lunch Highlights
 2:00 Ice Cream Shop
 3:30 Hallmark Channel **30**