



Empowering Minds, Transforming Lives

QPR Gatekeeper Training – Come Join Us in Being a Part of the Solution!

Suicide is a public health issue. Over 40,000 people in the United States die from suicide annually, or 1 person every 13 minutes. More people die by suicide than from automobile accidents.

Take the QPR (**Question, Persuade, Refer**) Suicide Prevention Course. In as little as 1½ hours, individuals can learn to recognize the warning signs of suicide and how to apply three simple steps that may save a life.

Each attendee will receive a QPR booklet and card with information on suicide prevention, as well as resource information for treatment and supports within their community.

A minimum enrollment of 5 persons must be reached to host the course.

The session will be held Tuesday, July 18, 2017, 6:00 – 7:30 p.m. at the McHenry County Mental Health Board in Conference Room E/F located at 620 Dakota Street, Crystal Lake, IL. 60012

Registration can be completed through the Mental Health Board at 815-455-2828 or visit us online at www.mc708.org.