



Emerging Trends in Adolescent Mental Health

Presented by
Mark and Janet Myers

Crystal Lake, IL
Friday, July 21, 2017

Sponsor:
McHenry County
Mental Health Board

Location:
McHenry County
Mental Health Board
620 Dakota Street
Crystal Lake, IL

Time:
9:00 AM – 12:00 PM

Register Now:
at www.mc708.org or
please contact:
Kristen Doherty
Phone (815) 788-4399
Fax: (815) 455-2925.
Email: kdoherty@mc708.org

***CEU's:** Three (3) CEUs for
social workers, and professional
counselors/clinical counselors
will be provided.
IAODAPCA CEUs pending.

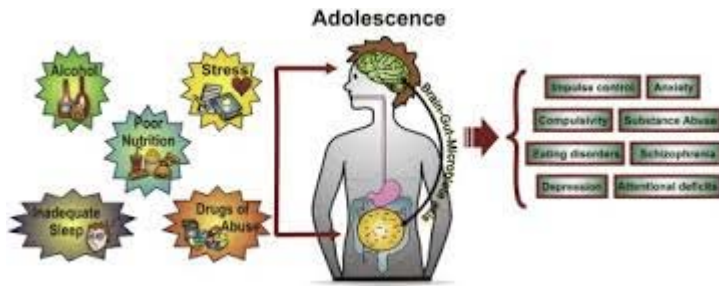
We live in an ever-changing world. Technology, science, and ease of information seem to be moving at a rapid pace. As a clinician, it is more important than ever to try to stay abreast of information.

Trends in Mental Health will present information on data collected nationwide, statewide, and in McHenry County on youth. Using current information helps us educate clients about the issues they face. This allows a better, more proactive approach to treating populations and the ability to respond effectively on behalf of our clients.

In addition to trends in mental health, we will also present information on mental health treatment approaches. There have also been great advancements in our understanding of the brain and how it functions. We will discuss how this knowledge benefits mental health clinicians.

Learning Objectives

- Understanding patterns of mental health concerns in McHenry County and Nationwide
- Integrate knowledge of concerns with specific mental health populations
- Introduction of latest mental health research, data, and treatment options
- Implement best practices for mental health



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Mark Myers, LCSW, CADC has over twenty-five years of experience working in the mental health and substance abuse field has worked in residential, inpatient, intensive outpatient, outpatient and aftercare settings.

He counsels individuals, families and groups at his private practice, Myers Counseling Group located in Crystal Lake. His areas of expertise include: anger management, substance abuse, adolescents, children, mood and anxiety disorders, and parenting concerns.

Mark presents to community organizations, school districts, and professional organizations on mental health and substance abuse topics.

Janet Myers, LCSW, PEL Type 73 has over twenty-five years of experience working in residential school social work, residential, outpatient, and community mental health. Her areas of expertise include autism spectrum disorders, mood disorders anxiety disorders, behavioral and emotional difficulties, parenting concerns, children, and teenagers.

Janet is a school social worker at Johnsburg Community Unit School District 12, a graduate level educator, clinical supervisor, and provides therapy at Myers Counseling Group in Crystal Lake, IL.

McHenry County Mental Health Board
Training Registration

Name of Training: Trends in Adolescent Mental Health

Presenter's: Mark and Janet Myers

Date: July 21, 2017

Location: McHenry County Mental Health Board

Time: 9:00am to 12:00pm

Agency: [Redacted]

Cost: sponsored by MCMHB

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You can register online at www.mc708.org, or please return to Kristen Doherty: Mental Health Board, 620 Dakota Street, Crystal Lake, IL 60012. Phone: (815) 788-4399/Fax: (815) 455-2925.
Email: kdoherthy@mc708.org. (Include Agency name above.)

Sponsored by McHenry County Mental Health Board
McHenry County Behavioral Healthcare Network Continuing Education Program