



CO-OCCURRING DISORDERS

Co-occurring Disorders

Mental Health/Substance Abuse

Overview

Presented by

Rachel Obafemi and Dr. Mark Zissman

Crystal Lake, IL
Friday, June 16, 2017

Sponsor:

McHenry County
Mental Health Board

Location:

McHenry County
Mental Health Board
620 Dakota Street
Crystal Lake, IL

Time:

9:00 AM – 12:00 PM

Register Now:

at www.mc708.org or
please contact:

Kristen Doherty

Phone (815) 788-4399

Fax: (815) 455-2925.

Email: kdoherty@mc708.org

***CEU's:** 3 CEUs for social workers, and professional counselors/clinical counselors will be provided.
IAODAPCA CEUs pending.

In treating the whole client it is increasingly important to evaluate how clients with mental health issues struggle with substance use issues. We will discuss the devastating impact of co-occurring disorders on quality of life.

We will evaluate how stigma influences the client experience and how specific substances exasperate mental health functioning.

Training Objectives

- ❖ Identifying stigma that exists in mental health and substance use.
- ❖ The reciprocal relation between mental health and substances.
- ❖ Current substance use trends and their impact on mental health.
- ❖ Treatment strategies and options for client care.



Crystal Lake, IL
 Friday, June 16, 2017

Sponsor:

McHenry County
 Mental Health Board

Location:

McHenry County
 Mental Health Board
 620 Dakota Street
 Crystal Lake, IL

Time:

9:00 AM – 12:00 PM

Register Now:

at www.mc708.org or
 please contact:

Kristen Doherty
 Phone (815) 788-4399
 Fax: (815) 455-2925

Email: kdoherty@mc708.org

***CEU's:** 3 CEUs for social workers, and professional counselors/clinical counselors will be provided.
 IAODAPCA CEUs pending.

What is a Co-occurring Disorder?



Rachel Obafemi works as the Program Director of Adult Services at Gateway Lake Villa. She has nearly 20 years' experience in the field of mental health and substance use treatment and has been a member of the clinical team at the Gateway Treatment Center in Lake Villa since 2011.

Rachel holds a Masters of Clinical Professional Psychology from Roosevelt University and maintains her LCPC, CADC and MISA credentials.

Dr. Mark Zissman is a licensed clinical psychologist and certified alcohol and drug counselor. He received his Bachelor's Degree in Psychology from Northern Illinois University, and both his Masters in Counseling and Doctorate in Clinical Psychology from Adler University in Chicago, Illinois.

Mark has been working for Gateway Foundation for five years, and he currently functions as the outpatient supervisor and lead clinician at the Lake Villa and Gurnee locations. He has dedicated his career to specializing in the treatment of substance use disorders and co-occurring mental health conditions, in both youth and adult populations.

Clinically, Mark believes each person he works with has unique strengths and motivations that can be utilized to affect change, and he is passionate about helping individuals find and nurture such characteristics in order to achieve personal success.