

Introduction to Cultural Competency

Presented by Laurdes Lonergan & Kristin Hartsaw

March 3, 2017 (9AM - 4PM)

(Registration starts at 8:30 am & lunch will be on your own)

McHenry County Mental Health Board

620 Dakota Street, Crystal Lake, IL

9AM – 12PM – Introduction to Cultural Competency

This session provides a basic overview of cultural competency terms and concepts. It will discuss demographics and populations specific to the local region. Through discussion and learning activities, participants will increase self-awareness of how one's worldview shapes interactions with customers, co-workers and neighbors.



1PM – 4PM – Developing a Linguistic & Cultural Competency Plan

This Presentation will help leaders of non-profit organizations, schools, governmental agencies and businesses consider the steps needed to develop a linguistic and cultural competency (LCC) plan for their organization. It will explore how to increase an organization's ability to meet the needs of an increasingly diverse constituency.

*Attendance at the morning session
is strongly recommended.*



You can register online at www.mc708.org or please contact:

Kristen Doherty: Phone (815) 788-4399 / Fax (815) 455-2925 / Email kdoherty@mc708.org

Trainer Background Information:

Lourdes Lonergan is the Federation's Associate Executive Director and Director of its Language Access Resource Center. LARC is responsible for providing interpreter and translation services to many hospitals, schools and human services organizations. Lourdes is the trainer of the LARC 100 Hour Interpreter Training program. Over the last five years, hundreds of bi-lingual individuals have been trained to provide interpreter services. She has also conducted various trainings on Language Access and the Role of the Interpreter and Linguistic and Cultural Competencies. She received a Bachelor of Science degree in Business from Saint Thomas Aquinas College in New York. Lourdes is a 2014 graduate of the Center for Creative Leadership's Ladder to Leadership program, sponsored by Community Memorial Foundation.

Lourdes is a heritage speaker of Spanish, having spent many childhood summers with family in her mother's native Columbia. Her background includes extensive sales and marketing experience in business. She received interpreter training from LARC's first trainer, and came to work for LARC in 2009.

Kristin Hartsaw is Program Director of Training and Technical Assistance at the Federation. In this role, she develops and conducts training programs including "Making the Connection: Accessing Public Benefits", Health Insurance Navigator/Assistor training, Cultural Competency and Mental Health First Aid. Ms. Hartsaw currently serves as the State Team Lead for the SOAR initiative, a SAMHSA best practice for helping homeless individuals access Social Security disability benefits.

Prior to her position with the Federation, Ms. Hartsaw worked for fifteen years in public health. The majority of her past professional experience includes work within the HIV prevention and case management fields. She also has experience working in teen pregnancy prevention, tobacco prevention, cultural competency, community health education and more.

Kristin received a Master's degree in Public Health from the University of Illinois-Chicago (Health Policy and Administration) and is a Master Certified Health Education Specialist (MCHES). In addition to her work with the Federation, Ms. Hartsaw is an adjunct faculty member with the on-line MPH Program at Benedictine University.

McHenry County Mental Health Board
Training Registration

Name of Training: Introduction to Cultural Competency

Presenters: Lourdes Lonergan & Kristin Hartsaw

Date: March 3, 2017

Location: Mental Health Board

Time: 9:00am to 4:00pm

Agency:



Cost: Free 5.5 CEU's

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