

McHenry County Healthy Community 2017 Survey Findings



Working together for a
Healthier McHenry County

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January 10, 2017

Methodology

- Survey instrument developed by McHenry County Healthy Community survey subcommittee with guidance from HSR
- Many questions repeated from 2014 and 2010
- Survey administered online and paper, June through mid-August 2016
- Survey link communicated through 33 MAPP member agencies
- Paper copies distributed at food pantries, fairs, other organizations
- Respondents considered “convenience sample”

Response

- 1,090 responses - 774 electronic & 316 paper
- 2016 responses 46.5% more than 2014 (n=744)
- Zip codes grouped into areas

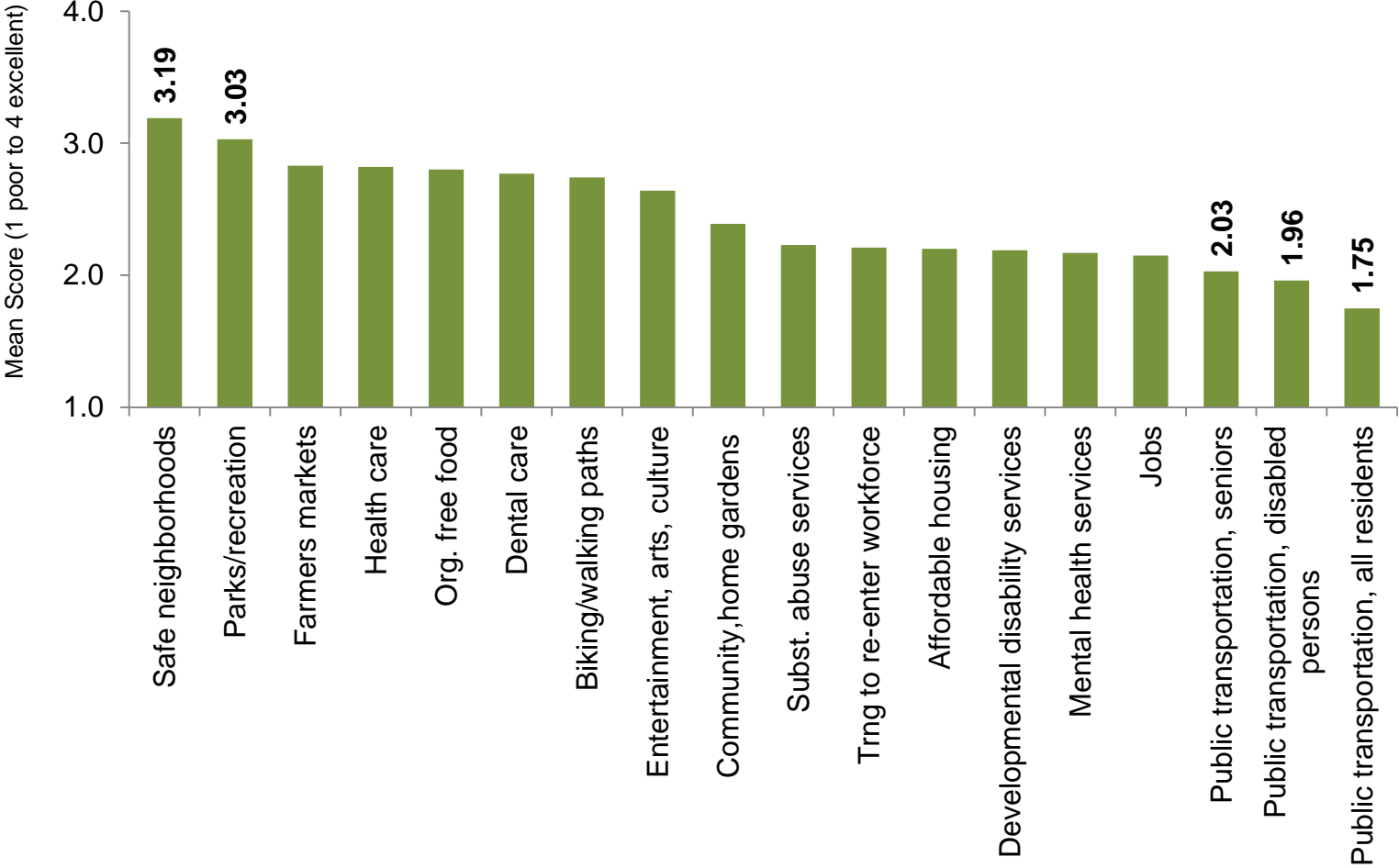
Area	Respondents	
	Number	Percent
Woodstock	259	23.8%
Crystal Lake	200	18.3%
Southeast	184	16.9%
Rural West	168	15.4%
McHenry	130	11.9%
Rural Northeast	74	6.8%
Other or no zip code	75	6.9%

Comparison of Sample to Actual















Characteristic	2016 Survey Respondents	McHenry Co. Census 2015
GENDER		
Male	24.7%	49.8%
Female	75.3%	50.2%
AGE GROUP		
		Percent 18+
18 – 29	10.6%	18.3%
30 – 44	23.1%	24.9%
45 – 64	46.1%	40.0%
65 – 74	14.6%	10.5%
75+	5.7%	6.3%
ETHNICITY		
Hispanic	7.1%	12.6%
Non-Hispanic	92.9%	87.4%
RACE		
White	95.5%	91.8%
Black/African American	0.5%	1.6%
Asian	0.8%	3.0%
Two or more races	2.2%	2.1%
HIGHEST EDUCATION		
		Percent 25+
Less than high school	2.9%	6.6%
High school diploma, GED	12.5%	27.9%
Some college, no degree	22.5%	23.1%
Associate degree	10.3%	9.7%
Bachelor's degree	28.2%	21.7%
Graduate/prof. degree	23.5%	11.0%

- Respondents more apt to be female, 45+, non-Hispanic, 4-yr college+
- Better match for age, and ethnicity than most surveys

Availability of Community Features

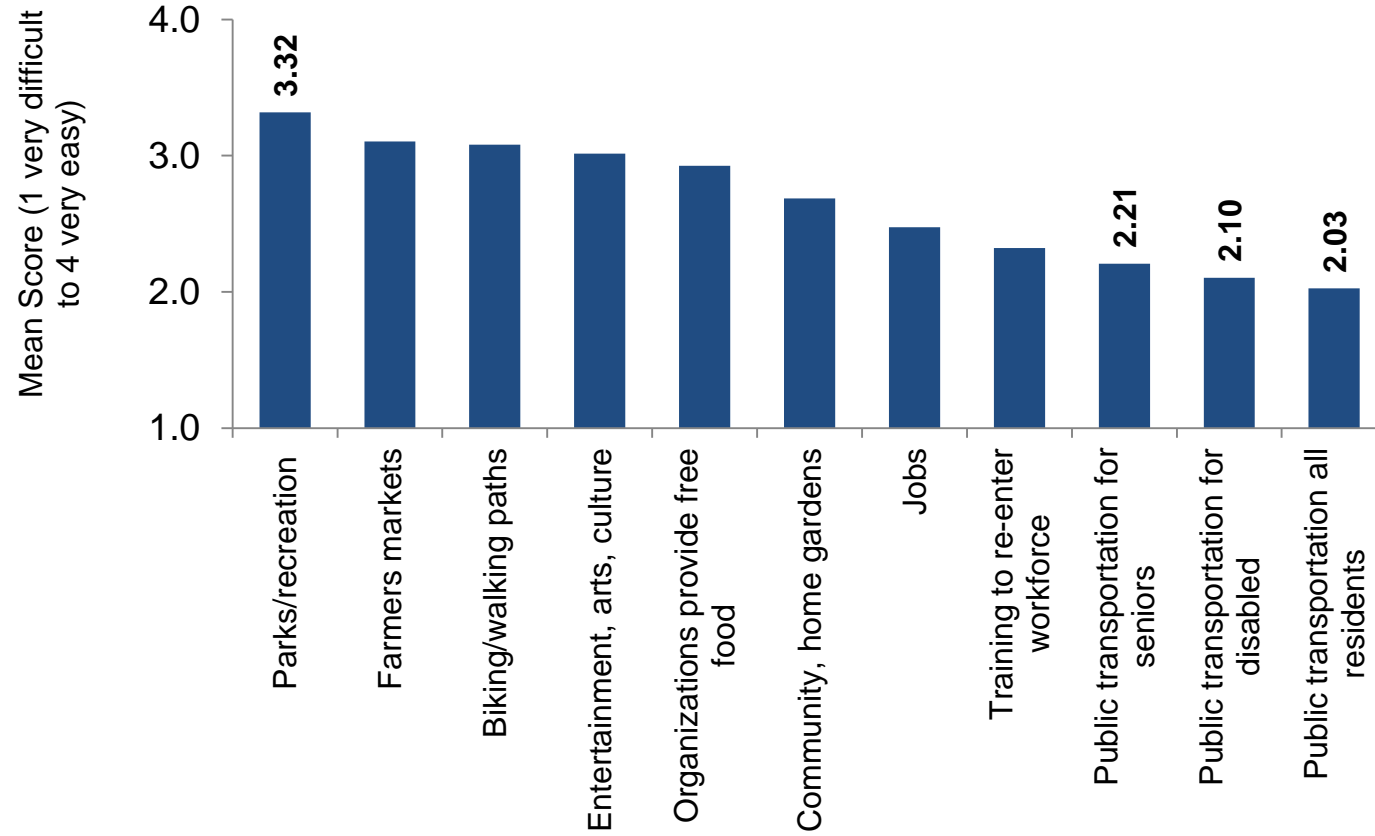


Change in Availability

Availability of	Mean		Change	Mean 2010
	2016	2014		
Safe neighborhoods	3.19	3.25		
Parks/recreation	3.03	3.02		2.75
Farmers markets	2.83	2.88		
Health care services	2.82	2.90		2.64
Organizations that provide free food	2.80	2.89		
Dental care services	2.77	2.79		2.65
Biking/walking paths	2.74	2.77		
Substance abuse services	2.23	2.39		
Training to re-enter the work-force	2.21	2.24		
Mental health services	2.17	2.44		2.11
Jobs	2.15	2.02		1.54
Public transportation for seniors	2.03	2.05		1.91
Public transportation for disabled persons	1.96	1.98		2.01
Public transportation for all residents	1.75	1.70		

Mean score from 1= poor to 4=excellent.

Accessibility of Community Features



2-1-1 Referral Line

- Asked if they had heard of the 2-1-1 health and human services information and referral line
 - **37.8%** said **YES**
 - **60.4%** said **NO**
- Of those who had heard, **58 (14.2%)** had ever called 2-1-1
- Lowest awareness among
 - 65+
 - Education below four-year college degree
 - Southeast and rural west residents

Primary Care Utilization

SEEKING CARE WHEN SICK OR NEED DOCTOR, NURSE: 2014 AND 2016				
Rank 2016	Site	2016		2014
		Number	Percent	Percent
1	Doctor's office	950	87.2%	76.7%
2	Immediate care center	454	41.7%	22.4%
3	Hospital emergency department	226	20.7%	15.6%
4	Grocery/drug store walk-in clinic	93	8.5%	--
5	VA hospital/VA clinic	47	4.3%	4.7%
6	Family Health Partnership Clinic	42	3.9%	3.8%
7	McHenry Community Health Center	30	2.8%	2.4%
8	Harvard Area Community Health Center	16	1.5%	3.0%
9	Health Department	11	1.0%	1.5%
9	Workplace clinic	11	1.0%	--
--	Other	23	2.1%	5.9%
	Don't go anywhere when sick ¹	49	4.5%	7.8%

} **Top 3**



Different wording. "I do not have a regular doctor or clinic."

Primary Care

Have primary care doctor or clinic?

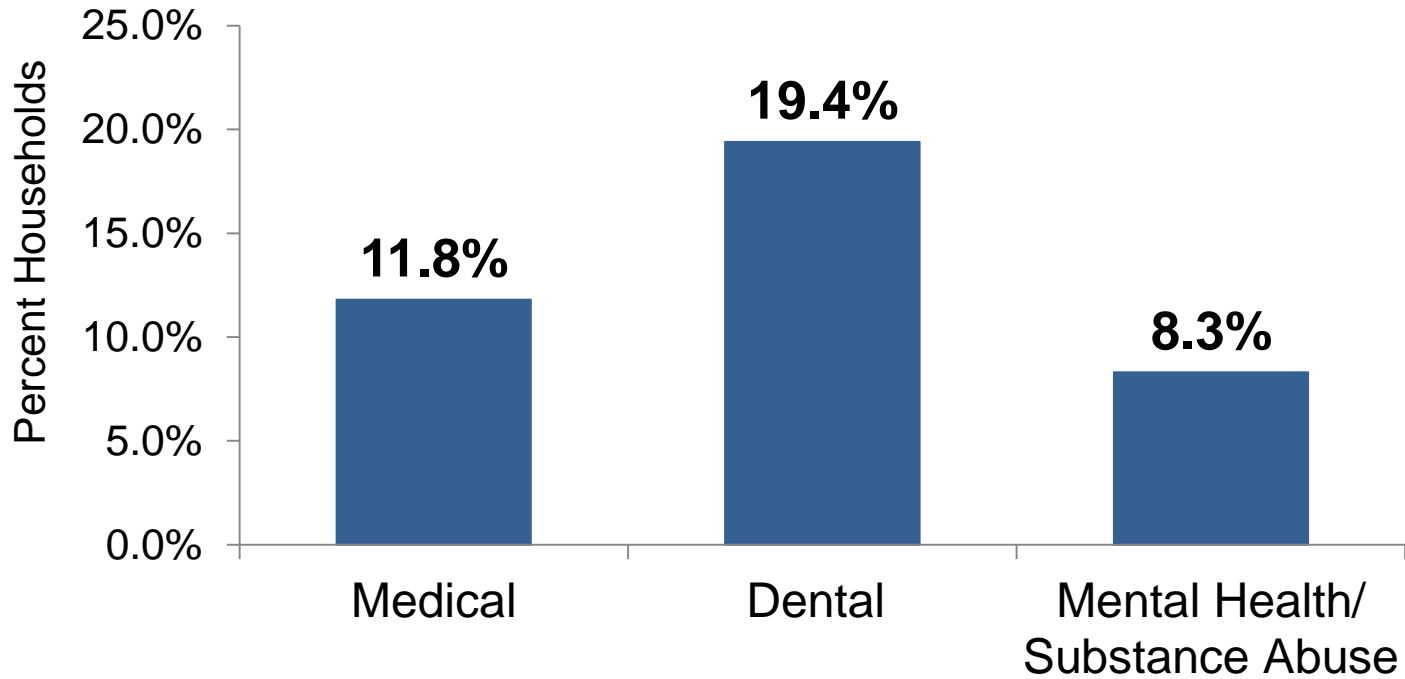
- **81.9% YES** for everyone in household
- **16.8% NO** for one or more household members
- 1.2% Unsure

Households without primary care for 1+ persons most likely to be

- Ages 18-29 (37.3%)
- High school graduate or less (22.3%)
- Rural northeast residents (21.9%)
- Receive financial assistance (24.7%)

Access to Care

Unable to Receive Care in Past Twelve Months



Reasons Unable to Receive Care

TOP REASONS

Named by >25% Unable to Get Care in Descending Order

Medical

- Could not afford deductible, co-pay
- No health insurance
- Insurance did not cover
- Prescription cost too high

Dental

- No dental insurance
- Insurance did not cover
- Could not afford deductible, co-pay

Mental health, substance abuse

- Wait for appointment too long
- No regular provider
- Could not find provider who accepted Medicaid

Insurance Coverage

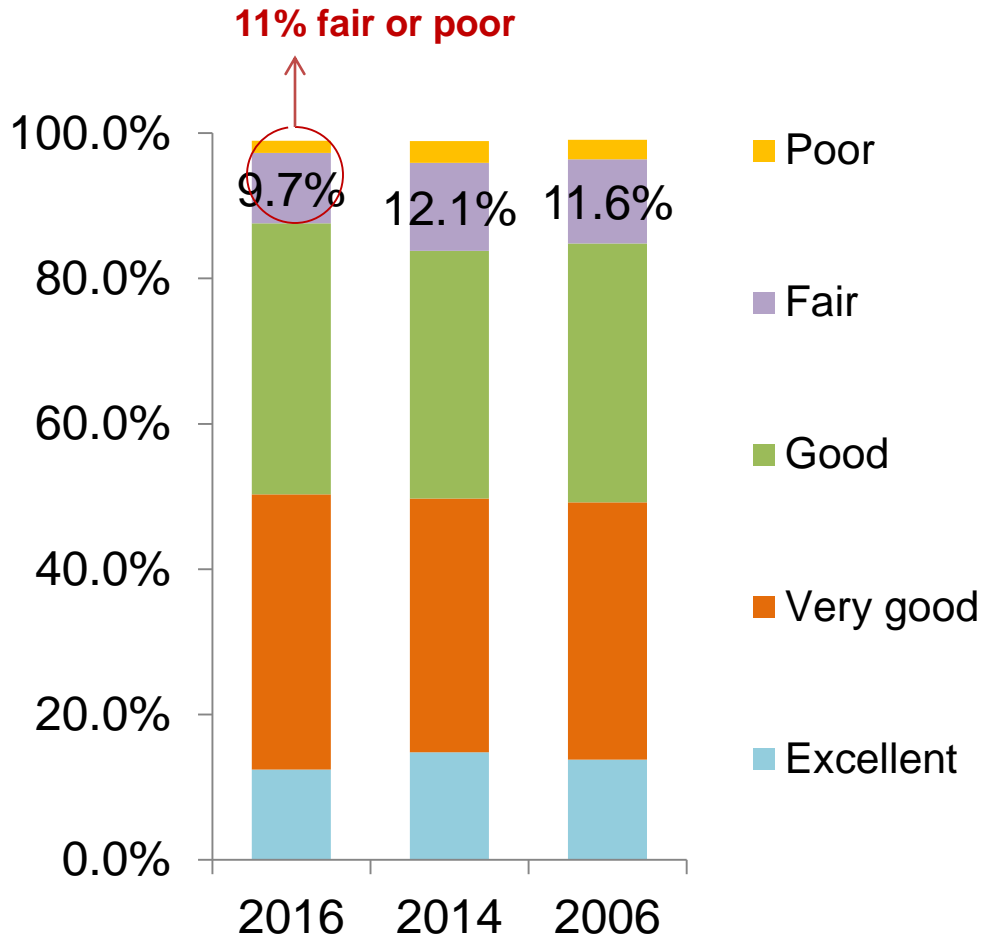
Insurance Coverage in Household	Households	
	Number	Percent ¹
Everyone has	977	91.5%
Some have, some do not	68	6.4%
No one has	16	1.5%
Not sure	7	0.7%

¹Percent based on number who answered question (n=1,068)

Appears to be above 2014 but wording different - asked about persons. Having coverage, 2014

- 82.8% under 18
- 85,7% 18-64
- 92.1% 65+

Perception of Health



15% or more report fair or poor, 2016

- Hispanic
- Ages 30-44
- High school education or less
- Rural west
- Household receives financial assistance

Note: No answer not shown. 2010 survey did not include "very good" so that year not shown.

Able to Lead Healthy Lifestyle

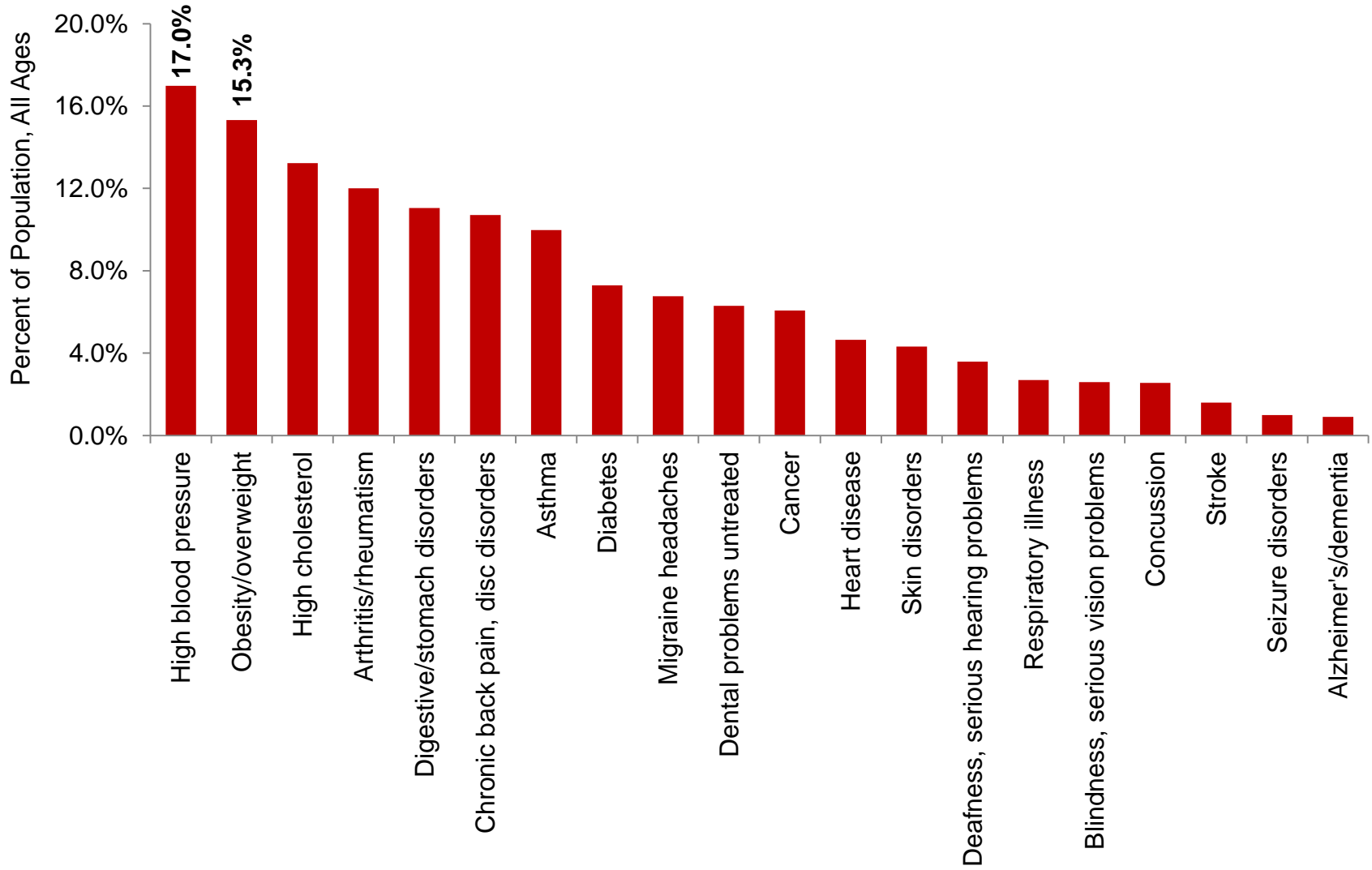
How difficult or easy do you think it is to lead a healthy lifestyle in your community?

Response	Number	Percent
Very easy	267	25.6%
Somewhat easy	524	50.1%
Somewhat difficult	178	17.0%
Very difficult	42	4.0%
Not sure	22	2.1%

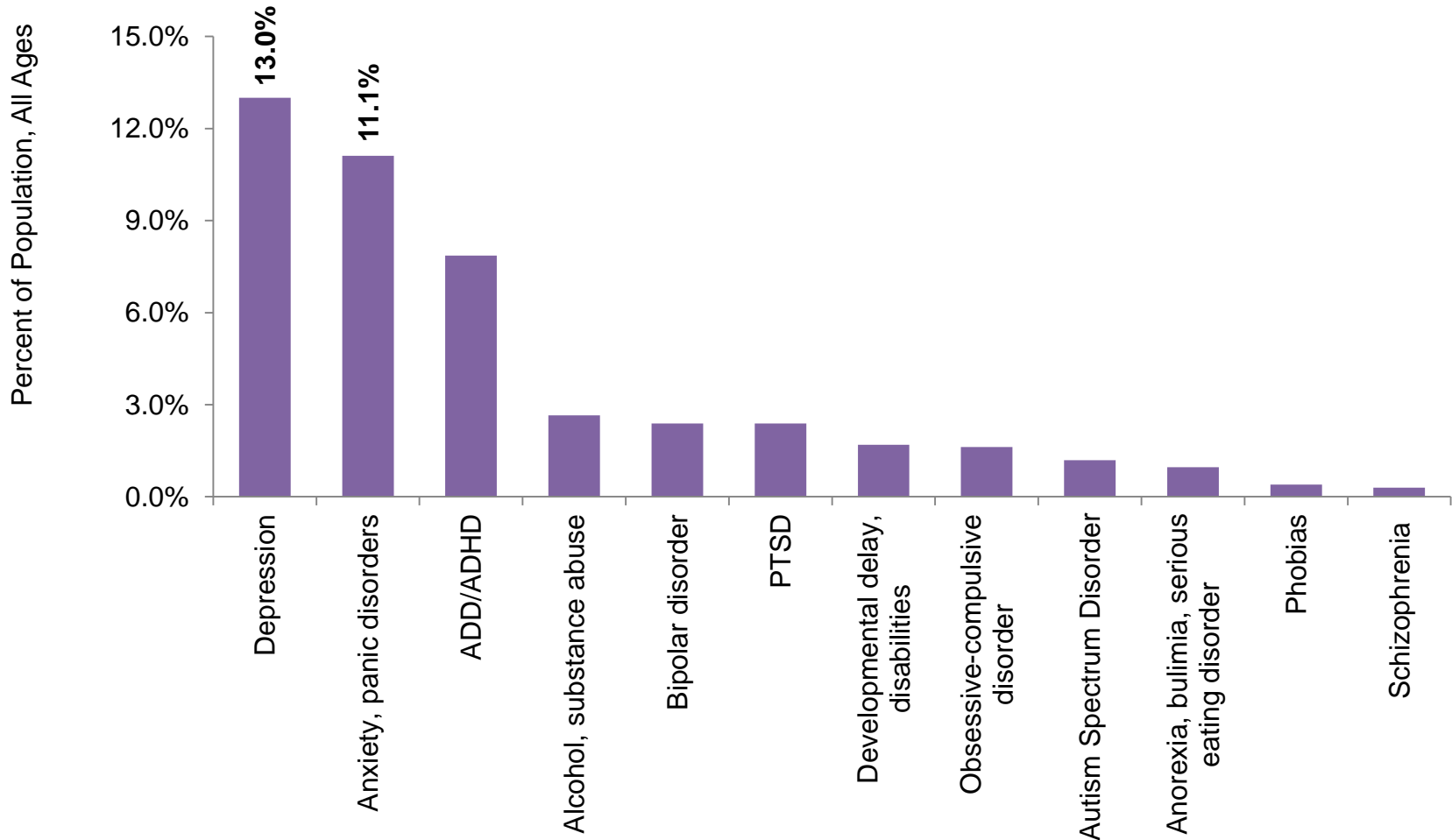
More than 8% say very difficult

- Households receiving financial assistance
- Hispanics
- Rural northeast residents

Physical Health Conditions



Mental, Behavioral, Developmental Health Conditions



Suicide, Harm, Drug Overdoses

During Past 12 Months	Percent Households	
	2016	2014
Thought about suicide	8.6%	8.0%
Attempted suicide	1.1%	1.5%
Death by suicide	0.3%	--
Caused intentional harm to self	3.2%	2.2%
Drug overdose	0.7%	--

Caring for Others

- 169 (16.2%) respondents care for older adult 60+
- 49 (4.6%) respondents care for child who are not their own
- 125 (12.1%) respondents care for persons with disabilities or special needs

Abuse

Type of Abuse Experienced During Past 12 Months	Percent Households	
	2016	2014
Emotional	8.1%	8.9%
Physical	2.2%	2.2%
Sexual	1.1%	0.6%

- Emotional most common form of abuse
- Levels for all three types of abuse similar 2016 to 2014

Financial Problems

Financial Situation Experienced by Respondent or Household Member During Past 12 Months	2016		2014
	Number	Percent	Percent
Lack money for basic needs	214	19.6%	23.9%
Difficulty paying property taxes	156	14.3%	--
No job for 90 days or more	102	9.4%	23.1%
Involuntary job loss	86	7.9%	18.4%
Needed legal help but could not afford	83	7.6%	13.4%
Divorced, separated, or widowed affecting finances ¹	69	6.3%	7.7%
Identity theft by a stranger ²	50	4.6%	11.6%
Foreclosure of home	32	2.9%	6.0%
Filed for bankruptcy	19	1.7%	4.2%
Financially abused by someone you know ³	15	1.4%	6.3%

All lower in 2016 than 2014

Situations ranked from highest to lowest.

¹"Which affected finances" added in 2016.

²"By a stranger" added in 2016.

³"By someone you know" added in 2016; explanation both years (your money or assets used without your permission).