

McHenry County Behavioral Healthcare Network Continuing Education Program

Sponsored by:
McHenry County Mental Health Board

Eating Disorders: “Why don’t they just get over it?”

Presented by: Denise M. Styer, Psy. D.

Date: Friday, November 18, 2016

Cost: Sponsored by MCMHB

Time: 9:00 am to 12:00 pm, *Registration starting at 8:30am*

Location: McHenry County Mental Health Board, 620 Dakota Street, Crystal Lake, IL 60012

***CEU’s:** 3 CEUs for professional counselors/clinical counselors and social workers will be provided.
IAODAPCA CEUs pending.

All attendees will receive a certificate of attendance

Registration is limited to 75 participants and is due by November 16, 2016

PROGRAM OVERVIEW

Even in the clinical setting, therapists and medical care providers struggle to make sense of this constellation of symptoms and the perception that the client is reluctant to recover. This presentation will focus on the complexities of treating individuals with eating disorders and why recovery is difficult and complex.

At the end of the presentation the participant will have gained the following knowledge:

- Assessing and identifying treatment needs of individuals presenting with anorexia nervosa, bulimia nervosa, binge eating disorder, and avoidant restrictive food intake (ARFID) disorder
- Safety considerations
- Prioritizing treatment and level of care considerations

PRESENTER

Denise M. Styer Psy.D. is the Director for The Center of Eating Disorders, The Center of Self-Injury, Utilization Management PHP/IOP Department, and the After School DBT Skills IOP Program at the AMITA Health Alexian Brothers Behavioral Health Hospital. Dr. Styer has 25 plus years’ experience working with eating disorders, self-injury, trauma, and high-risk behaviors. Dr. Styer serves as the Treasurer for the Heartland IAEDP Chapter, the Secretary for the International Society for the Study of Self-Injury, and is a member of the Academy of Eating Disorders Advocacy and Communication Committee. Dr. Styer has been published in the *Child and Adolescent Psychiatry and Mental Health*, *Journal of Cognitive Psychotherapy*, *Psychiatry Research* and *The Prevention Researcher*. She has co-authored chapters in Grossman & Walfish’s *Translating Psychological Research Into Practice* and Claes & Muehlenkamp’s *Non-Suicidal Self-Injury in Eating Disorders: Advancements in Etiology and Treatment*. Dr. Styer is a co-author of the book, *Self-Injury: Simple Answers to Complex Questions*.

TARGET AUDIENCE

Clinicians, case managers, social workers, and other mental health professionals

To register: You can register online at www.mc708.org or please contact:

Kristen Doherty: Phone (815) 788-4399 / Fax (815) 455-2925 / Email kdoherly@mc708.org

Please have one person call/fax/email your agency’s registration information

Complimentary translation provided upon request.

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McHenry County Mental Health Board
Training Registration

Name of Training: Eating Disorders: “Why don’t they just get over it”

Presenters: Denise M. Styer Psy.D.

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Agency:

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You can register online at www.mc708.org or Please return to Kristen Doherty: Mental Health Board, 620 Dakota Street, Crystal Lake, IL 60012 Phone (815) 788-4399/ Fax (815) 455-2925 / Email kdoherty@mc708.org (Include Agency name above.)