



McHenry County Mental Health Wellness & Recovery Conference

Friday, September 30, 2016
9:00 am – 3:30 pm

McHenry County College, Conference Center
8900 US Hwy. 14, Crystal Lake, IL

Recovery: The Journey to Health & Wellness Mental Wellness Across Systems

People who have mental health concerns, family members, professionals and community members are all encouraged to attend the 6th Annual Mental Health Wellness and Recovery Conference to learn more about HOPE, EMPOWERMENT and RECOVERY. The conference will include an expo for networking and information sharing as well as the following presentations:

erasing
the DISTANCE

Featured Presentation "Erasing the Distance Performers"

Founded in 2005 and currently seen by over 55,000 people, Erasing the Distance is a non-profit arts organization based in Chicago that uses the power of performance to disarm stigma, spark dialogue, educate, and promote healing surrounding issues of mental health



Featured Speaker: "Under the Influence of Mental Health: Understanding How to Support System-Wide Mental Health Recovery"

Becky Brasfield, MA, CRSS

Becky Brasfield is a person in recovery from a host of mental health conditions who is an advocate, leader and provider in the field of mental health. She currently serves as the Director of Recovery for MADDO Healthcare and is also a Certified Recovery Support Specialist (CRSS).

Breakout Sessions:

"Mental Health Through Will-Training" Recovery International, Patty Werber, Rose Hamann, Bob Coleman and Paul Bowyer

"Mental Health Recovery and the Workplace: What You Need to Know" Melissa Forte

"PTSD: Presentation of a Group Experience" TLS Veterans, Laura Franz, LCSW

"Role of Spirituality in Recovery" Scott Campbell, Kerry Dueholm, Paula Briedis, Donna Buss, Marianna Wolfmeyer

"Local Behavioral Health & Justice Initiatives" Jason Sterwerf, Patrick Kenneally, Scott Block

"Causes and Natural Treatments for Pain" Dr. Steve Andreano

"Mental Health and Substance Abuse School Based Counseling Services: Bridging the Gap" Dennis Kyrouac and Katherine Fogarty

REGISTRATION AND PAYMENT DEADLINE is September 23, 2016.

In consideration of the current budgetary climate in IL, the committee has worked to reduce costs of attendance for this year. A non-refundable Registration Fee of \$10 supports the expenses of providing the event including facility, lunch, registration, speakers, etc.

Thank you to our sponsors and committee planning partners for helping to make this event possible:

~ Anonymous Donor ~ Affinity BHW ~ Conscious Cup ~ McHenry County Behavioral Health Foundation ~ McHenry County Mental Health Board ~ Sara Ryerson, LCSW ~ Angela Yeates, LCPC ~ Julie McFail Weingarz, PsyD ~ McHenry County Substance Abuse Coalition ~ NAMI McHenry County ~ Pioneer Center ~ Ryan Counseling Services, Inc. ~ Samaritan Counseling Center

For additional information contact the McHenry County Behavioral Health Foundation at admin@mcbhf.org or 815-308-0866

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September 30, 2016 ~ 9:00 am – 3:30 pm

Location: McHenry County College, Conference Center, 8900 US Hwy 14, Crystal Lake, IL ~ 815-455-3700

Recovery: The Journey to Health & Wellness

DEADLINE FOR REGISTRATION AND PAYMENT: September 23, 2016

REGISTRATION INFORMATION (please PRINT clearly)

Name: _____
Organization: _____
Address: _____
Phone and/or email: _____

CEU's (5 hours) (please check, if applicable) *Sponsored by the McHenry County Mental Health Board and McHenry County Regional Superintendent of Schools*

- IDFP Clinical CEU's (LCSW, LCPC) License Number: _____
 IAODAPCA CEU's (pending) License Number: _____
 ISBE Professional Development Hours License Number: _____

ACCOMMODATIONS

For any accommodations needed, including scholarship assistance with the fee, dietary needs for lunch, translation and/or transportation, please go to the Behavioral Health Foundation website at www.mcbhf.org Or call 815-308-0866 during the hours of noon to 3pm, Monday through Friday. **Requests must be received by September 23, 2016**

CONFERENCE SCHEDULE

8:30-9:00	Registration	11:45-12:45	Lunch
9:00-9:15	Opening Remarks—Scott Block	12:45-2:15	Becky Brasfield
9:15-10:30	Erasing the Distance	2:15 - 2:30	Break
10:30-10:45	Break	2:30- 3:30	Breakout sessions [see below]
10:45—11:45	Breakout sessions [see below]	3:30pm	Adjourn: Please Complete Evaluations and collect CEUs!

BREAKOUT SESSIONS (Please choose your breakout session attendance for both the morning and afternoon sessions)

- AM "Mental Health Through Will-Training" Recovery International, Patty Werber, Rose Hamann, Bob Coleman, and Paul Bowyer
 "Mental Health Recovery and the Workplace: What You Need to Know" Melissa Forte
 "PTSD: Presentation of a Group Experience" TLS Veterans, Laura Franz, LCSW
- PM "Role of Spirituality in Recovery" Scott Campbell, Kerry Dueholm, Paula Briedis, Donna Buss, Marianna Wolfmeyer
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TO REGISTER Registration & payment is due by September 23, 2016.

There is a **\$10.00 non-refundable registration fee** that supports the expenses of providing the event, including facility, food, registration, speakers, etc.

Website: www.mcbhf.org OR Phone: 815-308-0866

Make checks payable to **McHenry County Behavioral Health Foundation**.

Mail registrations and payments (**cash or check only**) to: McHenry County Behavioral Health Foundation
ATTN: Sharon Smith
620 Dakota St.
Crystal Lake, IL 60012