

QPR Gatekeeper Training – Come Join Us in Being a Part of the Solution!

Suicide is a public health issue. Nearly 40,000 people in the United States die from suicide annually, or 1 person every 13 minutes. More people die by suicide than from automobile accidents.

Take the QPR (**Question, Persuade, Refer**) Suicide Prevention Course. In as little as 1½ hours, individuals can learn to recognize the warning signs of suicide and how to apply three simple steps that may save a life.

Each attendee will receive a QPR booklet and card with information on suicide prevention, as well as resource information for treatment and supports within their community.

The classes offered are three separate sessions of the same presentation, thus attendance is only needed at one session. A minimum enrollment of 5 persons must be reached to host the course.

All sessions will be held in the lower level of the Woodstock Public Library located at 414 W. Judd Street, Woodstock, IL.

Thursday, **September 15, 2016**, 6:30 – 8:00 p.m. Training Room

Tuesday, **October 18, 2016**, 6:30 – 8:00 p.m. Meeting Room

Monday, **November 21, 2016**, 1:30 – 3:00 p.m. Training Room

Registration can be completed through the Mental Health Board at 815-455-2828 or online at www.mc708.org.