

# 2015 Annual Report to the Community

December 1, 2014-November 30, 2015



*Empowering Minds, Transforming Lives*

McHenry County Mental Health Board

620 Dakota Street

Crystal Lake, Illinois 60012

815-455-2828 phone | 815-455-2925 fax

[www.mc708.org](http://www.mc708.org)



# ABOUT MHB

## McHenry County Mental Health Board

### LETTER FROM THE PRESIDENT



**CONNIE MESCHINI,**  
**MENTAL HEALTH BOARD PRESIDENT**

Dear Friends,

I would like to begin by thanking the entire mental health, developmental disability, and substance abuse provider community for its commitment and dedication to providing care through these unprecedented times. Your passion and devotion to individuals in need of care is to be commended. At no other time is a community focus on mental health and wellness more needed. During a significant portion of the Mental Health Board's FY 15, the State was operating without a budget. As a result, state general revenue funds supporting provider organizations had been withheld or eliminated. In response, the Mental Health Board (MHB) consulted with local providers to prioritize areas of need and allocated local financial resources supporting continuous access to psychiatric services. This is just one example of why McHenry County is fortunate to have a Mental Health Board that is responsive to emergent local needs.

As a Mental Health Board, a significant part of our ongoing role is to invest in measurable and effective programs that meet the various needs of our county's residents. We embrace our role and we are committed to planning and allocating resources in a responsible manner to address the mental health, substance abuse, and intellectual and developmental disability needs for all residents of McHenry County. We look forward to our continued service in 2016.

Sincerely,

A handwritten signature in blue ink, appearing to read "Connee Meschini".

Connee Meschini  
President, Mental Health Board

### LETTER FROM THE EXECUTIVE DIRECTOR

As expected, throughout my first year as Executive Director I experienced times of extreme pride to be part of a community that embraces the behavioral health and wellness needs of our families, friends, neighbors, co-workers, etc. and other times humbled by the fragility of our overall continuum of care. Fortunately, the McHenry County community has the support of a network of care consisting of dedicated and experienced providers and Mental Health Board who are constantly monitoring and adapting to the speed at which the healthcare system is changing.

Throughout the year, the Mental Health Board (MHB) was committed to working creatively with its partners and stakeholders to meet our community's needs. In order to increase opportunities for community feedback the MHB has implemented an online consumer survey, solicited feedback from attendees of the People in Need Forum, held a Public Hearing, encouraged open dialogue with funded providers, and added an additional opportunity for public comment at the end of MHB meetings (public comment is also an agenda item at the beginning of MHB meetings). It is the view of the MHB that when we share information and solve problems together, we create a stronger community.

This report details your investment in the foundation of our community's most vital resource, its people. I encourage you to attend a MHB meeting or get involved in the many task groups and committees that are working to meet McHenry County's mental health, intellectual and developmental disability, and substance abuse prevention, treatment, and recovery support needs.

Sincerely,

A handwritten signature in blue ink, appearing to read "Scott Block".

Scott Block  
Executive Director



**SCOTT BLOCK,**  
**EXECUTIVE DIRECTOR**

# ABOUT MHB

## Empowering Minds, Transforming Lives

### MHB OVERVIEW

The McHenry County Mental Health Board (MHB) is a special purpose unit of government regulated through the Community Mental Health Act – Illinois House Bill 708. The Bill mandates the MHB to administer the mental health fund through the direction of a nine-member board of community representatives appointed by the County Board. In accordance with the Community Mental Health Act, the MHB distributes levied funds to organizations that educate, treat, and support county residents affected by mental illness, intellectual and developmental disabilities, and substance abuse. Under the mandates of the Community Mental Health Act, the board is required to:

- ▶ Review and evaluate community mental health services and facilities, including services and facilities for the treatment of alcoholism, drug addiction, developmental disabilities, and intellectual disabilities.
- ▶ Submit to the appointing officer and the members of the governing body a written plan for a program of community mental health services and facilities for persons with a mental illness, a developmental disability, or a substance use disorder. Such plan shall be for the ensuing 12 month period.
- ▶ Within amounts appropriated therefore, execute such programs and maintain such services and facilities as may be authorized under such appropriations
- ▶ Consult with other appropriate private and public agencies in the development of local plans for the most efficient delivery of mental health, developmental disabilities, and substance use disorder services.

In order to carry out these duties, the MHB is committed to learning, promoting, and implementing best practices to ensure high quality and fiscally responsible services. On behalf of its constituency's behavioral health and intellectual and developmental disability related healthcare needs, the MHB is continuously focused on access and sustainability. Additionally, the Mental Health Board consults with local, state, and national agencies to promote, enhance, and create needed services and to develop innovative strategies for implementation and ongoing support.

The Community Mental Health Act also mandates the publication of an annual report. The MHB Annual Report provides an accounting to the citizens of McHenry County of the MHB's activities and expenditures during the fiscal year. As citizens of McHenry County, please take the time to review the MHB's Annual Report and learn about the services supported by your 708 funds. The MHB is always open to feedback and can be reached at 815-455-2828 or through our website ([www.mc708.org](http://www.mc708.org)).

### FY15 MHB HIGHLIGHTS

- ▶ Facilitated and completed a Mid-Year Allocations Funding process resulting in \$914,910.00 in support of local service agencies.
- ▶ Provided financial support to maintain programming funded by state general revenue funds (Psychiatric Leadership and Domestic Violence services).
- ▶ Increased McHenry County's Psychiatric Capacity by supporting the Horizons Behavioral Health Residency Program.
- ▶ Strengthened the relationship between the mental health and justice systems through enhanced training for the McHenry County Court Services – Probation Department.
- ▶ Reorganized the Mental Health Board organizational chart resulting in the elimination of 2 positions from its roster, thus reducing its administrative expenses and increasing funding available to community services.
- ▶ Partnered with the Behavioral Health Foundation and the McHenry County Community Foundation to bring QPR Gatekeeper Training for Suicide Prevention to McHenry County.

### Our Mission, Vision & Values

**Mission:** To provide leadership to ensure the prevention and treatment of mental illness, developmental disabilities and substance abuse by identifying, planning, coordinating, fostering development, and contracting for quality services for all citizens of McHenry County, Illinois.

**Vision:** McHenry County residents experience optimal mental wellness through access to an integrated system of behavioral healthcare services of excellent quality representing a recovery and resiliency focused, consumer driven, and culturally inclusive community-based continuum of care.

#### Values:

- ▶ We lead the way in transforming lives and systems through partnership and planning.
- ▶ We empower individuals and families toward mental wellness and resiliency.
- ▶ We are accountable for quality, cost-effective services.
- ▶ We value diversity in services, staff, and community.
- ▶ We provide education in order to aid recovery and prevention.

# BEHAVIORAL HEALTH SERVICES ENVIRONMENT

## McHenry County Mental Health Board

### Service Environment

The Governor's Office recently announced a transformation of the way we provide health and human services here in Illinois. The vision rests on five important pillars: focusing on prevention and population health, transitioning from institutional to community care, promoting self-sufficiency and education, paying for value and outcomes rather than volume of services, and the use of data to better know and serve the people of Illinois.

This transformation supports the "Triple Aim" framework of healthcare reform efforts brought about by the Affordable Care Act. The "Triple Aim" strategy refers to the simultaneous pursuit of improving the patient experience of care, improving the health of populations, and reducing the per capita cost of health care.

#### How will provider organizations adapt to meet these changing needs?

- ▶ Move to value vs. volume
- ▶ Increase member/family engagement in treatment
- ▶ Overcome psychosocial barriers to care (stigma)
- ▶ Improve quality of care via the use of evidence based practices
- ▶ Better collaboration between medicine and behavioral health
- ▶ Electronic Medical Records and Information Exchanges
- ▶ Technology-aided patient tools (e.g.: adherence reminders, provider finders, information websites, tele-medicine)



#### How will we know when the Goals of targeted activities are achieved?

##### Patient Experience:

- Improved functioning and quality of life
- Care that is coordinated and patient-focused
- Reduce redundant and unnecessary treatment
- Cost savings related to decreased premiums and co-pays

##### Provider Experience:

- Improved quality and safety of patient care at a lower cost of service
- Reimbursement for effective interactions, rather than the number of interactions
- Recognition for the use of evidence based methodologies
- Opportunities to participate in shared costs

The Mental Health Board will continue to monitor policy development and partner with our local provider organizations to implement strategies that complement our community's mental health, substance abuse, and intellectual and developmental disability health care systems in order to help McHenry County residents increase their physical, mental and emotional well-being.

### Providing Access to Care

The MHB supports recovery efforts by providing assistance to consumers and agencies as follows:

- ▶ Facilitating clinical subcommittee staffings for children and youth with serious emotional and behavioral challenges.
- ▶ Organizing clinical review staffings for adults with serious and persistent mental health issues.
- ▶ Offering a medication assistance voucher system providing access to psychiatric medications.
- ▶ Providing transportation grants to ensure access to treatment.
- ▶ Maintaining a weekly "Hot Sheet" identifying events, support groups, agency activities, etc.
- ▶ Collecting and distributing a monthly wait list detailing information about length of time to receive services within the community.

## COORDINATION & ACCESS TO CARE

### Empowering Minds, Transforming Lives

#### Providing the Foundation of Community Support

In FY 15, the MHB made a concerted effort to increase utilization of its facility. As a result, many not-for-profit and government groups have found the conference space in the MHB to be a great venue to host trainings, meetings and support groups. From December 1, 2014 through November 30, 2015, within MHB's walls over 35 community organizations hosted:

- ▶ 510 support groups
- ▶ 249 meetings
- ▶ 84 trainings

The following organizations provided direct service out of the MHB's Community Resource Center throughout FY 15: FamiliesETC, McHenry County Adult Program (McCAP), National Alliance on Mental Illness (NAMI) McHenry County, Pioneer Center for Human Services, and Thresholds. Throughout the year, several other community minded organizations learned to call the MHB's Annex building home. We are proud to have welcomed the McHenry County Community Foundation, the McHenry County Economic Development Corporation, and the Volunteer Center of McHenry County. This proximity of organizations has fostered an increased sense of opportunity to collaborate, partner, and combine resources to better serve the residents of our community.

#### Participation in Work Groups and Task Forces

The Mental Health Board participated on these committees and task forces addressing various needs within the community:

- ▶ McHenry County Continuum of Care to End Homelessness
- ▶ Suicide Prevention Task Force
- ▶ Substance Abuse Coalition
- ▶ People In Need Forum
- ▶ Children's Health & Safety Fair
- ▶ Traumatic Brain Injury Panel and Task Force
- ▶ Community Partners Wellness Network



#### Professional Education Opportunities

The MHB is committed to ensuring access to quality services in our community. This initiative is supported through the many trainings offered to our network of providers in McHenry County. The MHB plans and organizes ongoing opportunities for professional education units. This year a total of 14 trainings were hosted with over 800 attendees.

Topics included: Accountability in Service Delivery, Ethics and Cultural Diversity, Chemical Dependency Trends, Mindfulness, Using the DSM 5, and more!

## McHenry County Mental Health Board

### Mental Health First Aid™

Just as CPR training helps a person with no clinical training assist an individual following a heart attack, Mental Health First Aid training helps a person assist someone experiencing a mental health crisis such as contemplating suicide. In both situations, the goal is to help support an individual until appropriate professional help arrives. Mental Health First Aiders learn a single 5-step strategy that includes:

- ▶ assessing risk
- ▶ respectfully listening to and supporting the individual in crisis
- ▶ identifying appropriate professional help and other supports

Participants are also introduced to risk factors and warning signs for mental health or substance use problems, engage in experiential activities that build understanding of the impact of illness on individuals and families, and learn about evidence-supported treatment and self-help strategies.

MHB staff collaborated with community providers and hosted seven Mental Health First Aid (MHFA) trainings which covered symptoms of mental illness and how to recognize a mental health crisis. MHFA provided attendees skill-building tools to help individuals who are developing a mental health problem or are experiencing a mental health crisis.

MHFA participants included law enforcement officials, community partners and organizations, medical health personnel, faith based organizations, and other members of the community.

***Read about what participants have to say about Mental Health First Aid:***

*“There was a lot of great information, I picked up a lot of tools for the tool box”.*

*“Very good crash course in dealing with mental illness”*

### **Keep Hope Alive: Suicide Prevention Conference**

In collaboration with the Suicide Prevention Task Force to offer suicide education and awareness to members of our community.



The 2015 conference included the following presentations:

- ▶ Suicide and Its Effect on Individuals, Families and Communities
- ▶ Faces of Suicide in McHenry County
- ▶ Lethal Means Restriction: Evidence Based Practices that Save Lives
- ▶ Substance Abuse and Suicide: A Community Effort

### **McHenry County Mental Health Wellness & Recovery Conference**

**Recovery: The Journey to Health & Wellness**



The Wellness and Recovery Conference’s theme this year was “Tools for Recovery.”

*“Thank you for your efforts to organize and host this awesome conference. Excellent content, speakers and special extras.”*

## COMMUNITY EDUCATION & TRAINING

### Empowering Minds, Transforming Lives

#### Behavioral Health Foundation



The McHenry County Behavioral Health Foundation (MCBHF) is a 501(c) 3 charitable organization, created to support the Mental Health Board, as well as funding evidence-based programs provided through community partner organizations. In 2015, MCBHF met its mission by:

- ▶ Sponsoring the *Question, Persuade, Refer (QPR)* Suicide Prevention Gatekeeper Website
- ▶ Adding four new board members, along with a new Foundation President
- ▶ Making safety-net support distributions to individuals recommended by a MHB partner agency
- ▶ Hosting McHenry County's Annual Recovery Conference and Community Partners Annual Art Exhibit (featuring work of persons affected by behavioral health concerns)
- ▶ Hosting McHenry County's Annual *Vision of Hope* Awards, to recognize and publicize community leaders as well as individuals in recovery who improve mental and behavioral health services for others
- ▶ Contributing financial support and providing technical assistance to McHenry County organizations that provide community mental health services and facilities for the treatment of substance abuse, developmental disabilities, and other behavioral health issues

We appreciate the individual donors, community groups, local businesses, grant-makers and volunteers who support our efforts and a list of our contributors can be found on the McHenry County Behavioral Health Foundation website, [www.mcbhf.org](http://www.mcbhf.org) or by calling 815-308-0866.

#### QPR Suicide Prevention

Through a collaboration with the McHenry County Community Foundation and the McHenry County Behavioral Health Foundation, and input from the members of the Suicide Prevention Task Force, the Mental Health Board launched a community initiative to provide suicide prevention and education to McHenry County.

QPR (Question, Persuade, Refer) is an evidence-based education program that provides information to individuals in the community and that teaches warning signs and steps in how to intervene to save a life. Presentations can be tailored to provide specifics for all populations – youth, adults, older adults, first responders and others.

To date, QPR instructors have completed more than 30 trainings in the community, providing prevention information to over 500 people including school staff, faith organizations, students, first responders, and the general public. Please visit [www.mchenrycountyqpr.org](http://www.mchenrycountyqpr.org) to access information about the QPR Program, request to attend or host a training, and obtain resources regarding suicide education and prevention.

*"It gives you tools to use and confidence to use them"*

*"We all need to CARE"*

*"Take action to make a difference!"*

*"Well worth your time, could save a life"*

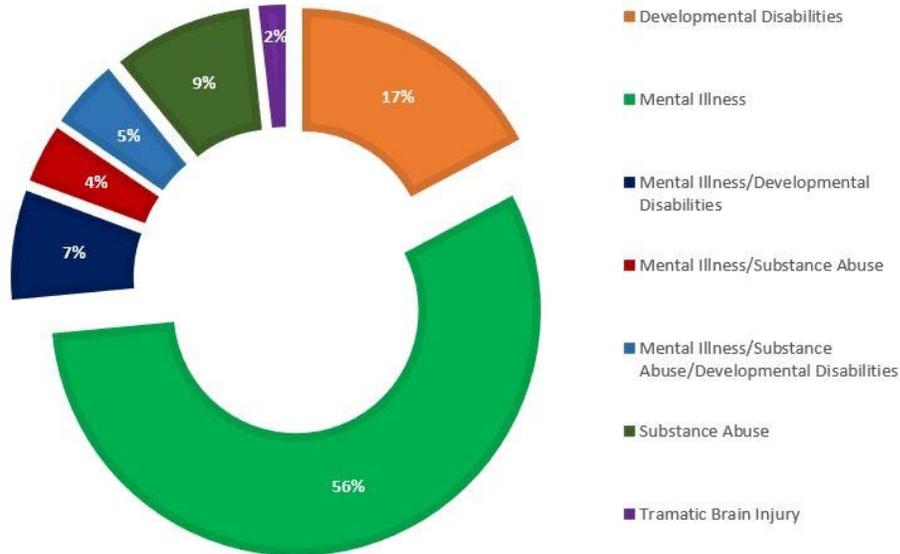
*"If you work/volunteer with kids/teens, this is a must"*

# 2015 FINANCIAL SUMMARY

## 2015 (DECEMBER 1, 2014—NOVEMBER 30, 2015)

The Mental Health Board policy, in accordance with the Community Mental Health Act, ILCS, Chapter 405, Act 20, Section 0.1, et.seq., stipulates that funds allocated by the MHB may be used to contract for mental health, substance abuse, and developmental disability services. Funding for FY15 was aligned with Mental Health Board goals and strategies as outlined in the 2012-13-14 Three Year-Plan. Further prioritization of funding is subject to the urgency of need, impact on system access, and/or applicability of leveraging other funds.

### Funding by Need



### Mental Health Board Funding Contract Types

#### ► Fee for Service

Payments for each event of service within the constraints of the contract. When possible, payment is based on rates set by the State of Illinois.

#### ► Grant

Provides funds for access to specific care or for the infrastructure of a program. Payment is fixed based on the contract award and obligations within the contract. Accountability is tied to defined performance measures.

#### ► Projects

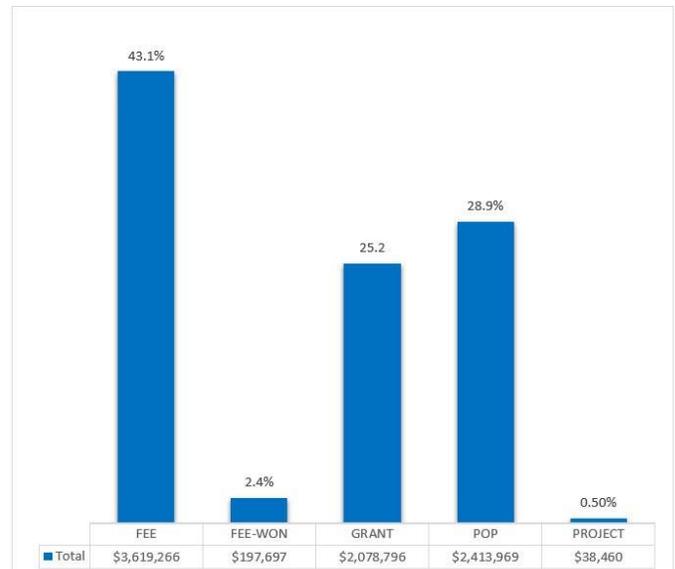
Terms and conditions are tied to expenditures for capital improvements, equipment purchases, or other expenses critical to the delivery of services for an approved program.

#### ► Purchase of Position

Payment for a particular staff position that is critical to the delivery of an approved program or service for which Fee for Service funding is not applicable.

#### ► Warrant of Need

Payment for psychiatric/behavioral health services for individuals who have proven financial need. May be on a Grant or Fee for Service basis.



## 2015 FINANCIAL SUMMARY <sup>(1)</sup>

# 2015 (DECEMBER 1, 2014—NOVEMBER 30, 2015)

### Expenditures - Community Services and Supports

22nd Judicial Circuit of McHenry County	205,780
Centegra Specialty Hospital	1,628,322
Client Transportation	13,828
Consumer Credit Counseling	40,941
Epilepsy Foundation	159,593
Families ETC	377,485
Family Alliance	247,106
Family Health Partnership	77,415
Garden Quarter Resource Center	32,269
Home of the Sparrow	201,486
Horizons Behavioral Health	60,401
Mathers Clinic, LLC.	72,163
McHenry County Health Department	106,142
McHenry County Planning & Development (2)	13,500
NAMI - McHenry County	164,049
Northern Illinois Special Recreation	53,672
Northwest CASA	13,794
Options and Advocacy	262,352
Other Contractual - Service & Education Related	33,583
Pioneer Center	2,451,705
ProActive Behavioral Services	17,064
Rosecrance	781,511
Special Education District of McHenry County	49,919
Thresholds	304,051
Transitional Living Services	277,310
Turning Point	666,002
University of Illinois Extension	3,500
<b>Grand Total Community Services &amp; Support</b>	<b>\$ 8,314,943</b>

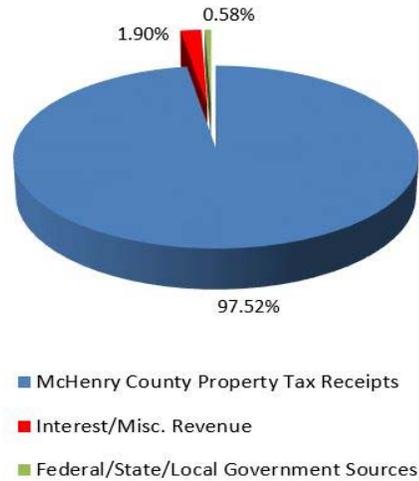
### Mental Health Board Administration (Admin/Bldg/Debt)

Debt Service	409,420
Building Occupancy Expense	126,560
Administrative Salaries and Benefits	874,545
General Administration	316,940
<b>Total Mental Health Board Administration</b>	<b>\$ 1,727,465</b>

**TOTAL EXPENDITURES \$ 10,042,408**

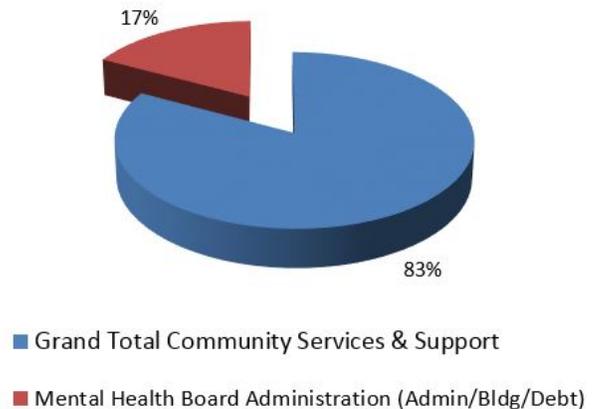
REVENUE OVER/(UNDER) EXPENDITURES	\$ 577,648
FUND BALANCE - Beginning of the year	\$ 9,505,549
FUND BALANCE - End of the Year	\$ 10,083,197

### FY 2015 Revenue



McHenry County Property Tax Receipts	10,356,242
Interest/Misc. Revenue	201,818
Federal/State/Local Government Sources	61,996
<b>TOTAL REVENUE</b>	<b>\$ 10,620,056</b>

### FY 2015 Expenditures



#### Footnotes:

- (1) - McHenry County Audits for 2015 will not be finalized until the end of May 2016. As a result, at the time of printing, this financial summary is based on unaudited numbers.
- (2) Continuum of Care funded through an intergovernmental agreement with the McHenry County Planning and Development Department.

## 2015 FUNDED AGENCIES

### McHenry County Mental Health Board

**Twenty Second Judicial Circuit:** Special Courts Programs assist adults with mental illness, substance abuse/dependence, and co-occurring disorders who are involved in the criminal justice system. 2200 N. Seminary Avenue, Woodstock, IL 60098, 815-334-4913

---

**Centegra:** Centegra Hospital-Woodstock is the primary service location for Behavioral Health within Centegra Health System. The Behavioral Health Service line serves adults (18 and older) experiencing acute mental health and/or substance use challenges. Services include assessment and consultation, intensive and partial hospitalization programs, crisis stabilization services, and inpatient behavioral health care. 3701 Doty Rd., Woodstock, IL 60098, 815-338-2500

---

**Consumer Credit Counseling of Northern Illinois:** CCCS serves anyone in need of financial, credit or housing assistance. Services include: credit and debt counseling and education, debt management programs which pay off unsecured debt at reduced interest and fees; Credit Report analysis; Bankruptcy counseling and education; Housing services. 400 Russell Ct., Suite 1, Woodstock, IL 60098, 815-338-5757

---

**Epilepsy Foundation:** A voluntary health agency dedicated solely to the welfare of people with epilepsy and their families. The organization works to ensure that people with seizures are able to participate in all life experiences; to improve how people with epilepsy are perceived, accepted and valued in society; and to promote research for a cure. 333 Commerce Drive, Suite 500, Crystal Lake, IL, 60014, 815-893-0709

---

**Families ETC:** A private not-for-profit human service agency that provides family-driven services and supports for children and adolescents experiencing social, emotional and behavioral challenges, and their families. 620 Dakota Street, Crystal Lake, IL 60012

---

**Family Alliance:** For over 30 years, Family Alliance, Inc. has been at the forefront of senior care in McHenry County. Its professional staff and Board of Directors remain focused on the agency's mission to provide adults, caregivers and families with programs and services promoting an enhanced quality of life. 2028 N. Seminary, Woodstock, IL 60098, 815-338-3590

---

**Family Health Partnership Clinic:** FHPC provides health care to those in our community who do not have health insurance of any kind. 401 E. Congress Parkway, Crystal Lake, IL, 60014, 779-220-9300

---

**Garden Quarter:** GQNR provides an after-school program 4-5 days per week during the school year and 3-4 days per week during summer. 4508 Garden Quarter Rd., Apt #36, McHenry, IL 60050, 815-322-2357

---

**Health Department:** Comprised of Divisions that assist the residents of McHenry County in many diverse ways. The Nursing Division provides services to the community through many different types of programs, screenings, clinics, home visits and education. 2200 N. Seminary-Annex A, Woodstock, IL 60098, 815-334-4510

---

**Home of the Sparrow:** Primary purpose is to assist homeless women and children who have a mental health diagnosis as listed in the DSM-V or ICD-9, who are at risk of developing such a diagnosis, or who are displaying situational mental health symptoms pursuant to the trauma of homelessness through mental health counseling, case management, and mental health crisis intervention. 4209 W. Shamrock Lane, Unit B., McHenry, IL 60050, 815-271-5444

---

**Horizons:** An outpatient behavioral health facility. Serves McHenry County residents of all ages with a diagnosis of mental illness. Provides psychiatric diagnostic evaluations along with medication management and therapeutic injections, psychotherapy, family therapy, group therapy, and psychological testing. 500 Coventry Lane, Suite 205, Crystal Lake, IL 60014, 815-455-7100

---

**Mathers Clinic:** Sole priority is the emotional well-being of the individual: adults, children, adolescents, couples and families that are counseled. Professionals include: Psychiatrists, PhD/PsyD, LCSW, LCPC, and LMFT. Be assured that great care has been taken in selecting an exceptional team to meet your needs. 145 S. Virginia Street, Crystal Lake, IL 60014, 815-444-9999

---

**NAMI:** NAMI-McHenry County is an affiliate of the National Alliance on Mental Illness. Provides services through the provisions of education, training, support and advocacy events and activities. 620 Dakota Street, Crystal Lake, IL 60012, 815-308-0851

---

**NISRA:** The purpose of NISRA is to provide year round special recreation programs that meet the social, cognitive, physical and emotional needs of people with disabilities so that they may participate actively in their community in the least restrictive setting. 285 Memorial Drive, Crystal Lake, IL 60014, 815-459-0737

---

**Northwest Center Against Sexual Assault (Northwest CASA):** A full service agency that provides free services to sexual assault survivors and their loved ones within McHenry County. Agency has been responding to the needs of survivors of sexual violence and significant others for more than 30 years. **Corporate:** 415 W. Golf Road, Ste. 47, Arlington Hts., IL 60005, 847-806-6526. **Crystal Lake:** 104 Minnie Street, 60014, 815-671-4004

## 2015 FUNDED AGENCIES

### Empowering Minds, Transforming Lives

**Options & Advocacy:** A not-for-profit independent Developmental Disability service coordination agency. 365 Millenium Drive, Suite A, Crystal Lake, IL 60012, 815-477-4720

**Pioneer Center:** Provides services and supports to over 4,500 children and adults with autism, developmental/intellectual disabilities, mental illness, traumatic brain injury diagnoses. 4100 Veterans Parkway, McHenry, IL 60050, 815-344-1230

**Proactive Behavioral Services:** An outpatient private practice with two locations, 5 psychiatrists and 20 therapists comprised of Psychologists, LCSW'S, LCPC's, and CADC's. 215 North Main (Rt 31), Algonquin, IL 60102, 847-776-4500

**Rosecrance:** A private not-for-profit organization offering behavioral health services for children, adolescents, adults and families throughout the country. **Corporate:** 1021 North Mulford Road, Rockford, IL 61107, 815-387-5610 . **Crystal Lake:** 422 Tracy Court, 60014, **McHenry:** 4501 Prime Parkway, 60050, 815-363-6132

**SEDOM:** The Special Education District of McHenry County is a special education cooperative serving 18 member school districts in McHenry County. The purpose of the cooperative is to support member districts in the provision of special education programs, supports and services for students whose unique educational needs cannot be met within local programming. 1200 Claussen Drive, Woodstock, IL 60098, 815-338-3622

**Thresholds:** Serves McHenry County adults age 18 and over who have a DSM-IV-TR or ICD-9 diagnosis of a severe mental illness and require psychiatric, community support (Individual, Team and/or Group), and/or supervised housing services. **Corporate:** 4101 N. Ravenswood, Chicago, IL 60613, 773-572-5300 . **Woodstock:** 109 S. Jefferson St., 60098, 815-338-8324

**Transitional Living Services (TLS):** Originally founded by a group of McHenry County veterans in 1996. Its flagship program is New Horizons, a transitional housing program that opened in Hebron in 2001 to reach out to homeless veterans. 5330 W. Elm Street, McHenry, IL 60050, 815-679-6667

**Turning Point:** Incorporated May 20, 1981, Turning Point is the only comprehensive domestic violence crisis intervention agency and secure shelter in McHenry County and the only member agency of the Illinois Coalition Against Domestic Violence. P.O. Box 723, Woodstock, IL 60098, 815-338-8081/334-2020

### We Welcome Your Feedback

Consistent with our commitment to ensuring quality services for all residents of McHenry County, the Mental Health Board (MHB) is requesting assistance from the community. The MHB asks that any individuals receiving services or family members of individuals receiving services through one of our [funded provider organizations](#) take a few moments to complete a survey. Feedback provided will be used to address and improve upon barriers to the delivery of quality services. The MHB thanks you for taking the time to help. All information will remain confidential.

Consumer survey can be completed at [www.mc708.org](http://www.mc708.org).

# McHenry County Mental Health Board

## 2015 Board Members

- **Connee Meschini, President**  
*Term: 1/8/05-1/1/18*
  - **Cathy Ferguson, Vice President**  
*Term: 5/21/13-1/1/19*
  - **Sam Melei, Treasurer**  
*Term: 2/18/14-1/1/18*
  - **Diane Wasilk, Secretary**  
*Term: 12/3/13-1/1/17*
  - **Mary McCann, County Board Liaison**  
*Term: 12/16/14-Open*
  - **Ray Lapinas, Member**  
*Term: 7/1/14-1/1/17*
  - **Kathleen Kuchta, Member**  
*Term: 7/1/14-1/1/17*
  - **Bruce Treadway, Member**  
*Term: 3/3/15-1/1/19*
  - **Sarah Wilson, Member**  
*Term: 4/21/15-1/1/19*
  - **Scott Breeden, Member**  
*Term: 10/1/13—1/1/15 (served to 1/27/15)*
  - **Don Larson, Member**  
*Term: 1/1/99-1/1/15 (served to 4/21/15)*
- Per Mental Health Board By-Laws:  
*Board members are appointed to serve four year terms.*

***The McHenry County Mental Health Board meets on the fourth Tuesday of each month at 6:00 p.m. at the offices of the Mental Health Board in Crystal Lake, Illinois. For a complete list of committee meeting dates, times, agendas and meeting minutes please visit: [www.mc708.org](http://www.mc708.org).***

## 2015 Mental Health Board Staff

- Scott Block, Executive Director
- Lyn Orphal, Interim Executive Director (*served to 12/31/14*)
- Cathy Garrey, Compliance/Quality Assurance Manager (*retired 5/15/15*)
- Terry Braune, Compliance and Operations Manager (*effective 7/27/15*)
- Jane Wacker, Fiscal Operations Manager
- Patricia Peterson, Executive Assistant
- Kristen Doherty, Administrative Specialist II
- Vickie, Johansen, Administrative Specialist II
- Adrienne Burman, Administrative Specialist II
- Melanie Duran, Accountant II
- Pamela Marrs, Accounting Assistant
- Sonya Jimenez, Database Administrator
- Laura Maras, Data and Audit Program Monitor
- Carolyn Frasor, Training & Community Development Associate

*Empowering Minds*



*Transforming Lives*