

McHenry County Behavioral Healthcare Network Continuing Education Program

Sponsored by:
McHenry County Mental Health Board

Self-Injury: Simple Answers to Complex Questions

Presented by: Denise M. Styer Psy.D.

Date: Friday, December 4, 2015

Cost: Sponsored by MCMHB

Time: 9:00 am to noon, *Registration starting at 8:30am*

Location: McHenry County Mental Health Board, 620 Dakota Street, Crystal Lake, IL 60012

*CEU's: 3 CEUs for professional counselors/clinical counselors and social workers will be provided.
IAODAPCA CEUs pending.

All attendees will receive a certificate of attendance

Registration is limited to 75 participants and is due by November 30, 2015

PROGRAM OVERVIEW

This presentation will focus on non-suicidal self-injury, covering effective treatment, the difference between suicide and non-suicidal self-injury, resources for schools in working with students that struggle with non-suicidal self-injury, as well as understanding levels of care.

PROGRAM OBJECTIVES

At the end of the presentation the participant will have gained the following knowledge:

1. Understanding non-suicidal self-injury
2. Difference between suicide and non-suicidal self-injury
3. Tips for schools in managing those who struggle with non-suicidal self-injury
4. Understanding Levels of Care for non-suicidal self-injury

PRESENTER

Denise M. Styer Psy.D. is the Director of The Center of Eating Disorders and The Center of Self-Injury Outpatient Programs, and the After School DBT Skills IOP Program at Alexian Brothers Behavioral Health Hospital. Dr. Styer has 25 plus years experience working with eating disorders, self-injury, trauma, and high-risk behaviors. Dr. Styer serves as the Treasurer for the Heartland iaedp Chapter, the Secretary for the International Society for the Study of Self-Injury, and is a member of the Academy of Eating Disorders Advocacy and Communication Committee. Dr. Styer has been published in the *Child and Adolescent Psychiatry and Mental Health*, *Journal of Cognitive Psychotherapy*, *Psychiatry Research* and *The Prevention Researcher*. She has co-authored chapters in Grossman & Walfish's *Translating Psychological Research Into Practice* and Claes & Muehlenkamp's *Non-Suicidal Self-Injury in Eating Disorders: Advancements in Etiology and Treatment*. Dr. Styer is a co-author of the book, *Self-Injury: Simple Answers to Complex Questions*.

TARGET AUDIENCE

Clinicians, case managers, social workers, mental health professionals, school counselors and social workers

To register: You can register online at www.mc708.org or please contact:

Kristen Doherty: Phone (815) 788-4399 / Fax (815) 455-2925 / Email kdoherty@mc708.org

Please have one person call/fax/email your agency's registration information

Complimentary translation provided upon request.

McHenry County Behavioral Healthcare Network Continuing Education Program

McHenry County Mental Health Board Training Registration

Name of Training: Self-Injury: Simple Answers to Complex Questions

Presenters: Denise M. Styer Psy.D.

Date: December 4, 2015

Location: McHenry County Mental Health Board

Time: 9am to noon

Agency:



Cost: sponsored by MCMHB

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You can register online at www.mc708.org or Please return to Kristen Doherty: Mental Health Board, 620 Dakota Street, Crystal Lake, IL 60012 Phone (815) 788-4399/ Fax (815) 455-2925 / Email kdoherly@mc708.org *(Include Agency name above.)*