

QPR Gatekeeper Training for Suicide Prevention Question, Persuade & Refer

Hosted by:
Living Waters Church
1808 Miller Road
Crystal Lake, IL 60014
November 17, 2015 at 7:00pm

This event is open to the community for anyone junior high aged and older. Please share this flyer and bring a friend!

Take Action to Make A Difference!

Each year an estimated 775,000 family members are impacted by the suicide attempt or death of a loved one. Countless others are concerned about friends. You can make a difference and possibly save a life

In this one-hour training, individuals will learn to recognize the warning signs of suicide and how to apply three simple steps that may save a life. Presented by the certified instructor, each QPR Suicide Prevention training will provide information on:

- **The problem of suicide nationally and locally in Illinois & McHenry County**
- **Common myths and facts associated with suicide**
- **Warning signs of suicide**
- **Tips for asking the suicide question**
- **Methods for persuading suicidal individuals to get help**
- **Ways of referring at risk people to local resources**
- **Time for Questions and Answers**

Each attendee will receive a QPR booklet and card with information on suicide prevention, as well as resource information for treatment providers and support groups within their community

Registration is preferred, but walk-ins are welcome! To register for this training:

Register online at www.mc708.org or by calling Carolyn Frasor at the Mental Health Board at 815-788-4392.

You can also register with Living Waters Church by emailing Rhiannon Frenz at rhiannonfrenz@gmail.com

For more information about the McHenry County QPR Program:

Please visit our website at www.McHenryCountyQPR.org or call the McHenry County Mental Health Board at 815-455-2828