

# McHenry County Behavioral Healthcare Network Continuing Education Program

Sponsored by:  
McHenry County Mental Health Board

## Using the DSM 5 in Case Formulation and Treatment Planning

Presented by: Jason J. Washburn, PhD., ABPP

**Date:** Tuesday, November 10, 2015

**Cost:** Sponsored by MCMHB

**Time:** 9:00 am to noon, *Registration starting at 8:30am*

**Location:** McHenry County Mental Health Board, 620 Dakota Street, Crystal Lake, IL 60012

\*CEU's: 3 CEUs for professional counselors/clinical counselors and social workers will be provided.  
IAODAPCA CEUs pending.

All attendees will receive a certificate of attendance

**Registration is limited to 75 participants and is due by November 3, 2015**

### PROGRAM OVERVIEW

This presentation will focus on the 5th edition of the Diagnostic and Statistical Manual (DSM), released in May 2013 by the American Psychiatric Association. The new structure of the DSM will be reviewed, as well as new and modified diagnoses that are relevant to children and adolescents.

### PROGRAM OBJECTIVES

At the end of the presentation the participant will be able to:

1. Discuss the new structure of mental disorders in the DSM-5.
2. Recognize the criteria that comprise the new and modified disorders in the DSM-5.
3. Identify the limitations of the current diagnostic system in mental health, especially with respect to reliability and validity
4. Articulate future approaches for improving the diagnosis of mental disorders
5. Apply changes in the DSM to case formulation and treatment planning

### PRESENTER

Jason J. Washburn is the Director of the Center for Evidence-Based Practice (CEBP) at Alexian Brothers Behavioral Health Hospital. Dr. Washburn received his M.A. and Ph.D. in clinical psychology from DePaul University. He completed a clinical internship at the University of Washington, School of Medicine, and a postdoctoral fellowship at the University of Michigan Medical School. He was a Robert Wood Johnson Research Scholar at the Northwestern University Feinberg School of Medicine, where he is now an Associate Professor and the Director of Education and Clinical Training for their Ph.D. program in Clinical Psychology. He is a licensed clinical psychologist and is a board certified specialist in clinical child and adolescent psychology.

### TARGET AUDIENCE

Clinicians, case managers, social workers, mental health professionals

**To register: You can register online at [www.mc708.org](http://www.mc708.org) or please contact:**

Kristen Doherty: Phone (815) 788-4399 / Fax (815) 455-2925 / Email [kdoherty@mc708.org](mailto:kdoherty@mc708.org)

\*\*Please have one person call/fax/email your agency's registration information\*\*

**Complimentary translation provided upon request.**

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McHenry County Mental Health Board  
Training Registration

**Name of Training:** Using the DSM 5 in Case Formulation and Treatment Planning

**Presenters:** Jason J. Washburn, PhD., ABPP

**Date:** November 10, 2015

**Location:** McHenry County Mental Health Board

**Time:** 9am to noon

**Agency:**

**Cost:** sponsored by MCMHB

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You can register online at [www.mc708.org](http://www.mc708.org) or Please return to Kristen Doherty: Mental Health Board, 620 Dakota Street, Crystal Lake, IL 60012 Phone (815) 788-4399/ Fax (815) 455-2925 / Email [kdoherty@mc708.org](mailto:kdoherty@mc708.org) (Include Agency name above.)