



Annual Report 2013

Mission

To provide leadership to ensure the prevention and treatment of mental illness, developmental disabilities and chemical abuse by planning, coordinating, developing, and contracting for quality services for all citizens of McHenry County, Illinois.

Vision

All McHenry County residents experience optimal mental wellness through access to an integrated system of behavioral healthcare services of excellent quality representing a recovery and resiliency focused, consumer driven, and culturally inclusive community-based continuum of care.

Values

- ▶ We lead the way in transforming lives and systems through partnership and planning.
- ▶ We empower individuals and families toward mental wellness and resiliency.
- ▶ We are accountable for quality, cost-effective services.
- ▶ We value diversity in services, staff, and community.
- ▶ We provide education in order to aid recovery and prevention.

McHenry County Mental Health Board
620 Dakota Street, Crystal Lake, Illinois 60012
815-455-2828
www.mc708.org



2013 Board Members Terms & Committees

Carrie Ballenger Smith, Vice President

Term: 2/19/13 - 1/1/17

Committees: Executive/Personnel: Chair; Ethics and Compliance;

Nominating: Chair; Search: Chair

Don Larson, Treasurer

Term: 1/1/99 - 1/1/15

Committees: Executive/Personnel; Ethics and Compliance;

Finance: Chair

Connee Meschini, Secretary

Term: 12/16/09 - 1/1/14

Committees: Executive/Personnel; By Laws; Finance;

Nominating; Search

Paula Yensen, County Board Liaison

Term: 1/1/13 - Open

Committees: By Laws: Chair; Finance; Search

Scott Breeden, Member

Term: 10/1/13 - 1/1/15

Committees: None

Cathy Ferguson, Member

Term: 5/21/13 - 1/1/15

Committees: Buildings and Grounds: Chair; Nominating; Search

Heather Murgatroyd, Member

Term: 2/19/13 - 1/1/17

Committees: Building and Grounds; By Laws; Ethics and

Compliance: Chair

Lee Ellis

12/16/08 - Term Expired 01/01/13; Served to 2/19/13

Kathy Hinz

3/1/11 - Resigned 7/14/13

Rob Routzahn

2/19/13 - Resigned 10/14/13

Kari Stinespring

12/16/08 - Term Expired 01/01/13; Served to 3/4/13

Sam Tenuto

3/1/11 - Resigned 3/11/13

Brett Wisnauski

12/15/09 - Resigned 8/28/13

The McHenry County Mental Health Board meets on the fourth Tuesday of each month at 6:00 p.m. at the offices of the Mental Health Board in Crystal Lake, Illinois.

For a complete list of committee meeting dates, times, agendas and meeting minutes please visit:

<http://mchenrycountyil.iqm2.com/Citizens/calendar.aspx>

Message from the Board President

It has been my privilege to serve as interim Board President during the final months of FY 2013. During the past year, the McHenry County Mental Health Board (MCMHB) experienced a significant amount of transition and change. With the addition of six new board members appointed by the County Board during FY 2013 and vacancies still to fill, the Mental Health Board has made strides to accomplish several steps.

- ▶ The MCMHB received \$1,000,000 less tax revenue in FY 2013 but ensured that funding to providers was not reduced in FY 2013.
- ▶ Worked with Rosecrance and the Greater Elgin Family Care Center to ensure additional psychiatric, mental health and substance abuse services were available to the residents of the county, especially with the loss of another provider in the area of substance abuse.
- ▶ Transferred Monitoring and Service Coordination programs such as SASS, ICG, Wraparound, and Project Success to behavioral health network partners.
- ▶ Developed a budget for FY 2014 that increased property tax dollars to providers by \$690,000 in spite of another roughly \$1,000,000 reduction in projected tax revenue and reduced rostered positions at the MCMHB from 34 to 19.

The year ahead will hopefully see the appointment of a full Board and a permanent Executive Director. Realizing that there are many questions to come surrounding the State's fiscal health and the impact of the Affordable Care Act on our behavioral health-care network, the MCMHB will work to ensure the promotion of wellness for our residents living with mental illness, substance abuse, and developmental disabilities.

Carrie Smith, Vice-President

Mental Health Services Environment

Prominent Issues in the Behavioral Health Services Environment

- ▶ The service environment continued to deal with lack of state funding and timely payments, as well as, assessing preparation for the Affordable Care Act (ACA) and its lack of clarity into how it will impact behavioral healthcare services for consumers and providers alike.
- ▶ The Greater Elgin Family Care Center, the local Federally Qualified Health Center (FQHC), continued to serve growing numbers of residents with Medicaid/Medicare or those unfunded for primary psychiatric care.
- ▶ A spike in heroin overdoses, several lethal, in our county invoked a response from our providers, the Substance Abuse Coalition and judicial programs to educate the public on the severe impact of the new heroin supply known to law enforcement and the substance abuse community.
- ▶ The beginnings of the Medicaid Expansion occurred in our county, including the incorporation of the Managed Care Entities that are enrolling Medicaid clients for all levels of health needs from physical to mental.
- ▶ Measured access and coordination through monitoring of real time data of capacity and waiting times at funded agencies.

Mental Health Board Overview

Mental Health Board Overview Major Notes

- ▶ Provided leadership within the community to help rebuild the system of care for behavioral health services, with a specific focus on crisis stabilization, psychiatric care, recovery driven supports, and prevention.
- ▶ Significantly reduced administrative costs through reassessment of state grants, staffing reductions, cost containment strategies, and enhanced process efficiencies.
- ▶ Enhanced transparent governance through the agenda management system, opportunities for public input, and refined Board management processes.
- ▶ Provided and facilitated administrative and leadership support to multiple community coalitions and task groups.
- ▶ Improved processes for providers and consumers to access and submit data to and from the Board.
- ▶ Funded partnerships to enhance access to care for populations of focus including the Latino community and local Veterans.
- ▶ Provided training and technical assistance to providers, community partners, and funded partners.
- ▶ The McHenry County Mental Health Board (MCMHB) requested an independent external audit and awarded it through an RFP process to Sikich, Rockford, IL. This audit of the Mental Health Board is separate from the County audit that is done annually.

Planning & Community Development

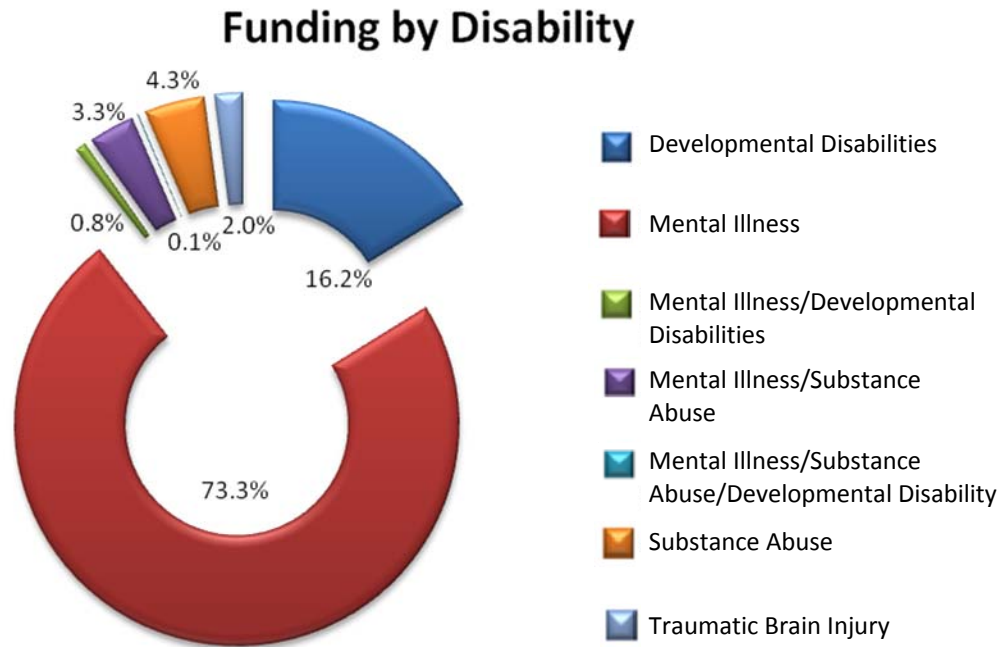
Noted Planning and Community Development

- ▶ During the 2014 budget preparation process, the Board reinforced its support of funding to developmental disabilities and substance abuse by allocating \$510,000 and \$420,000 respectively for program development in 2014.
- ▶ In addition we saw that psychiatric capacity still is in need and that these services have been greatly addressed by the local Federally Qualified Health Center (FQHC), with efforts to recruit and hire an additional psychiatrist or advance practice nurse.
- ▶ Worked with the Substance Abuse and Mental Health Services Administration (SAMHSA) Transformation Military Veterans and Family Services Grant with Lake County Health Department to engage veterans or their families in need of behavioral health services.
- ▶ The Mental Health Board continued its Executive Director search engaging a committee comprised of directors of funded providers, consumers, and board members.
- ▶ Board approved dollars for implementation of a Tele-med program serving those with Epilepsy.

In accordance with its mission, a major function of the Mental Health Board is planning and development of mental health services for residents of McHenry County. The Mental Health Board utilizes resources to expand and grow programs and services for the treatment and prevention of mental illness, developmental disabilities, and chemical abuse. It strives to encourage and sustain effective and cost efficient programming to meet the behavioral health needs of our county residents.

Community Services & Supports

The Mental Health Board policy, in accordance with the Community Mental Health Act, ILCS, Chapter 405, Act 20, Section 0.1, et.seq., stipulates that funds allocated by the MHB may be used to contract for mental health, substance abuse, and developmental disability services. Funding is aligned with Mental Health Board goals and strategies as outlined in the 2012-13-14 Three Year-Plan. Further prioritization of funding is subject to the urgency of need, impact on system access, and/or applicability of leveraging other funds.



Mental Health Board Funding Contract Types

► **Fee for Service**

Payments for each event of service within the constraints of the contract. When possible, payment is based on rates set by the State of Illinois.

► **Grant**

Provides funds for access to specific care or for the infrastructure of a program. Payment is fixed based on the contract award and obligations within the contract. Accountability is tied to defined performance measures.

► **Projects**

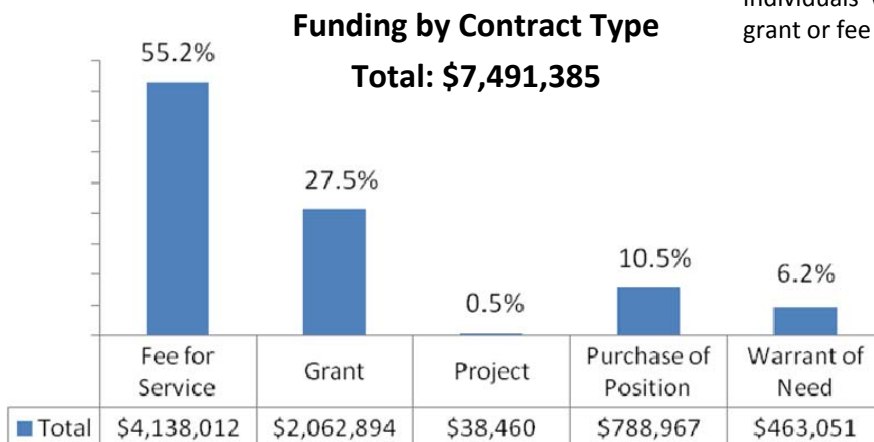
Terms and conditions are tied to expenditures for capital improvements, equipment purchases, or other expenses critical to the delivery of services for an approved program.

► **Purchase of Position**

Payment for a particular staff position that is critical to the delivery of an approved program or service for which Fee for Service funding is not applicable.

► **Warrant of Need**

Payment for psychiatric/behavioral health services for individuals who have proven financial need. May be on a grant or fee for service basis.



The Funding by Contract Type Total does not reflect cash advances and loans to funded agencies, AmeriCorps living stipends, agency and consumer scholarships, interpretation services, flex funding, funded agency physical infrastructure grants, and other miscellaneous support costs.

Community Services & Supports

Crisis Services

The Mental Health Board partners with Centegra Health Systems to make mental health crisis services available to all McHenry County residents through the McHenry County Crisis Program (800-892-8900).

Mental Health Board as an Active Community Partner

- ▶ Behavioral Health Foundation 6th Annual Visions of Hope Awards
- ▶ Community Partners 5th Annual Art Exhibit featuring work of persons affected by behavioral health concerns
- ▶ McHenry County Continuum of Care to End Homelessness

Community Education, Training & Technical Assistance

Community Trainings included, but were not limited to:

- ▶ Mastering the DSM-5 to Transform Diagnosis and Treatment of Mental Health Disorders
- ▶ Autism Awareness and Resource Forum
- ▶ Bullying: What Can I Do to Help?
- ▶ Maintaining Ethics While Managing Hard Times
- ▶ Overview of Problem Solving Courts in McHenry County
- ▶ Intervention Strategies for Engaging Students and Families Struggling with School Anxiety and School Refusal
- ▶ PTSD and Recovery
- ▶ Incredible Years
- ▶ Other trainings as requested by community partners

Mental Health First Aid

The Mental Health Board staff facilitated four 12-hour classes and two 8-hour classes on symptoms of mental illness, how to recognize a mental health crisis and to gain skills to help individuals who are developing a mental health problem or are experiencing a mental health crisis. Participants included police officials, community partners and organizations, medical health personnel, child advocates, and faith based organizations.

Think First

McHenry County chapter of Think First provided 106 young people with bicycle helmets in Harvard with the assistance of the Behavioral Health Foundation.

Recovery Conference

The Wellness and Recovery Conference included the following presentations:

- ▶ Special Presentation: Screening of “Advocacy 2 Recovery” by Jennifer Green
- ▶ Recovery: The Journey to Health and Wellness
- ▶ Recovery, Remission, Wellness – The Realizable Goals of Diagnosis and Treatment
- ▶ Making Wise Choices in Recovery
- ▶ Mental Health, Spirituality and Recovery
- ▶ Safety for All: Addressing Sexual Orientation & Gender Identity
- ▶ The Visual Voice of Recovery: A Collaborative Art Project

Coordination & Access to Care

The Mental Health Board maintained involvement in providing assistance to consumers and agencies by participating in the following:

- ▶ Veterans outreach and care
- ▶ Clinical subcommittee staffings for children and youth with serious emotional and behavioral challenges
- ▶ Clinical review staffings for adults with serious and persistent mental health issues
- ▶ Traumatic Brain Injury Panel and Task Force
- ▶ Heartstrings Adoption Respite was provided to 43 children with special needs in 24 families
- ▶ The Family Resource Developers and Peer Support Specialists offered hope and empowerment through their lived experiences. These supports were provided in a variety of individual and group settings.
- ▶ Various committees and task force committees addressing the needs of those with substance abuse issues, development and intellectual disabilities, traumatic brain injuries, and mental health issues all involving both adults and youth.
- ▶ The Mental Health Board facilitates a medication assistance voucher system that provides financial assistance to individuals with no other means to purchase psychiatric medications. Assistance is available one time per year per client.
- ▶ Transportation grants are available to agencies to assist their clients enrolled in treatment.

During FY 2013 the Mental Health Board transitioned the following programs to funded agencies within McHenry County:

- ▶ Wraparound to Families ETC
- ▶ Project Success Attendance Initiative to Families ETC
- ▶ Screening Assessment & Support Services (SASS) to Pioneer Center for Human Services
- ▶ Individual Care Grant (ICG) to Pioneer Center for Human Services

McHenry County Behavioral Health Foundation

The Behavioral Health Foundation (BHF) is a 501(c)3 charitable organization, recognized by the IRS as existing to secure support for the Mental Health Board, its evidence-based programs, and - by extension - its many provider partners. Over the last year, we have concentrated our efforts in three areas:

1. Meeting the safety net needs of individuals when other partners cannot
2. Providing technical assistance to partners who do not have formal development departments or grant programs
3. Seeking funds to sustain programs and services that address the critical needs of our community's veterans and their families

Through the generosity of our donors, volunteers, community groups, the Mental Health Board, local businesses, and grant-makers that support behavioral health, the Foundation assisted the following partners, people, projects, and programs in FY 2013:

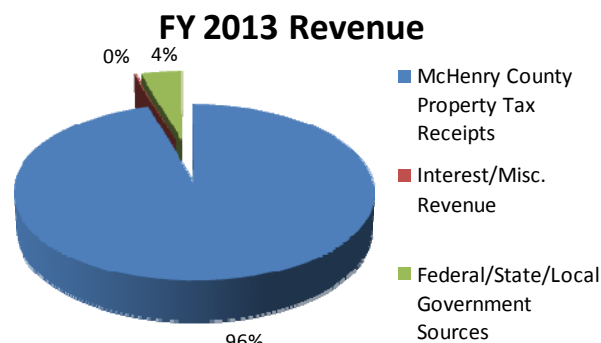
- ▶ Pioneer Center
- ▶ Recovery Outreach Center/Community Partners
- ▶ DSM-5 Training
- ▶ Options & Advocacy
- ▶ Families ETC
- ▶ TBI/Think First
- ▶ Veterans Empowered Engaged Resources (VEER) Program
- ▶ Emergency Client Assistance/Project Success Program
- ▶ Emergency Client Assistance/Wraparound Program
- ▶ Annual Recovery Conference
- ▶ NAMI-McHenry County
- ▶ District 200

We appreciate those who helped us serve people in need and a list of our donors can be found on the Behavioral Health Foundation website, www.mcbhf.org or call 815-308-0866.

Financial Summary (1)

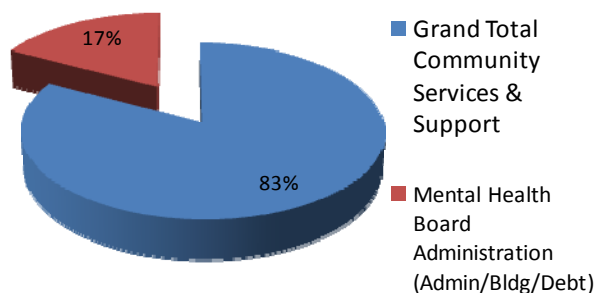
Expenditures - Community Services and Supports

22nd Judicial Circuit of McHenry County	175,730
Allendale Association	3,924
AmeriCorps	110,625
Centegra Specialty Hospital	2,435,682
Consumer Credit Counseling	40,861
Families ETC	303,745
Family Alliance	327,293
Family Health Partnership	49,668
Garden Quarter Resource Center	51,778
Greater Elgin Family Care Center	265,317
Home of the Sparrow	109,695
Horizons Behavioral Health	120,989
Mathers Clinic, LLC.	124,023
McHenry County Behavioral Health Foundation	10,000
McHenry County Health Department	106,142
NAMI - McHenry County	73,131
Northern Illinois Special Recreation	55,323
OMNI Youth Services	88,419
Options and Advocacy	334,685
Other Program Contractual	87,542
ProActive Behavioral Services	13,243
Pioneer Center	1,693,612
Professional Consultations	12,135
Rosecrance	403,618
Special Education District of McHenry County	61,800
Thresholds	303,748
Transitional Living Services	136,609
Turning Point	367,339
University of Illinois Extension	3,500
Total Direct Community Services and Supports	\$7,870,176
Child and Adolescent SOC / WRAP / ISBE	130,082
Client Transportation	7,949
Clinical Coordinated Care - Medical Records	103,803
Community Resource Center	39,701
Community Services Grant	14,980
Engagement & Recovery	128,864
Family Consumer Specialist	61,467
Project Success/Adoption Support	82,190
Project Success/Family Centered Services	50,362
SASS/ICG	481,306
System Development	273,980
MHB Additional Costs for Community Services (2)	\$1,374,684
Grand Total Community Services & Support	\$9,244,860



McHenry County Property Tax Receipts	11,802,095
Interest/Misc. Revenue	17,920
Federal/State/Local Government Sources	538,000
TOTAL REVENUE	\$ 12,358,015

FY 2013 Expenditures



Grand Total Community Services & Support	\$9,244,860
Mental Health Board Administration (Admin/Bldg/Debt)	
Debt Service and Occupancy Expense	474,386
Capital Building Projects	4,566
Administrative Salaries and Benefits	928,662
General Administration	521,001
Total Mental Health Board Administration	\$1,928,615
TOTAL EXPENDITURES	\$ 11,173,475

REVENUE OVER/(UNDER) EXPENDITURES	\$1,184,540
FUND BALANCE - Beginning of the year	\$7,109,701
FUND BALANCE - End of the Year	\$8,294,241

Footnotes:

(1) - McHenry County Audits for 2013 will not be finalized until the end of May 2014. As a result, at the time of printing, this financial summary is based on unaudited numbers.

(2) - A proportional share of administrative costs have been allocated to programs based on the Cost Allocation Plan approved by the Board prior to the beginning of MHB's 2013 fiscal year.

2013 Mental Health Board Staff

Administrative Staff

Todd Schroll, Interim Executive Director (*through 11/2/13*)
Cathy Garrey, Compliance & Quality Assurance Manager
Duane Lahti, Data & Information Systems Manager
(*Interim Executive Director effective 11/3/13*)
Jane Wacker, Fiscal Operations Manager

Administrative Support Staff

Patricia Peterson, Executive Assistant
Susan Stumpner, Administrative Specialist III
Vickie Johansen, Administrative Specialist II*
Deborah Pederson, Administrative Specialist II (*through 7/19/13*)*

Accounting Staff

Melanie Duran, Accountant I (*through 7/28/13*)*, Accountant II
Pam Marrs, Accounting Assistant
Pete Gott, Accounting Assistant *

Billing & Data Staff

Laura Maras, Billing & Data Coordinator
Kristen Doherty, Billing & Data Specialist*
Sonya Jimenez, Database Administrator/ Medicaid Coordinator

Community Relations Staff

Barbara Iehl, Community Relations Specialist *

IT Support Staff

Ibukun Macaulay, PC & Network Technician (*eliminated 2/28/13*)

Program Monitor & Training Staff

Wendy Neuman, Program Monitor and Training Assistant (*through 11/1/13*)
Carolyn Frasor, Program Monitor and Training Assistant
Jane Montgomery, Community and QA Liaison (1)

Service Coordination Staff

Support Staff

Adrienne Burman, Administrative Specialist II*
Beatriz Flores, Administrative Specialist II*
Susan Gru, Administrative Specialist II*
Marihelen Prideaux, Administrative Specialist II (*eliminated 8/31/13*)*

Intake & Referral

Jane Montgomery, Family CARE Intake & Referral Coordinator (1)

Prevention/Individual Care Grant

Candice Yeargin, Prevention/ICG Clinical Supervisor*
Chris Foley, ICG Coordinator*
Nicole Allseit, ICG Coordinator (*through 8/30/13*)*

Recovery & Engagement

Donna Buss, Recovery & Engagement Specialist*
Londa Mattick, Recovery & Engagement Specialist*

Traumatic Brain Injury

Tammy Stroud, TBI Coordinator (*eliminated 5/31/13*)

Screening & Assessment Support Services

Sue Charles, SASS Supervisor*
Carolyn Frasor, SASS Intake Coordinator (*through 11/3/13*)*
Tammy Robinett, SASS Administrative Specialist II*
Amy Easton, SASS Family Resource Developer*

Wraparound

Anne-Marie Kane, Wraparound/System of CARE Supervisor (*eliminated 7/31/13*)

Family Consumer Specialist Grant

Susan Ling, Family Consumer Specialist

* Position eliminated effective 11/30/13 unless otherwise noted.

(1) Position rewritten in 2013

Visit the McHenry County Mental Health Board website at www.mc708.org