

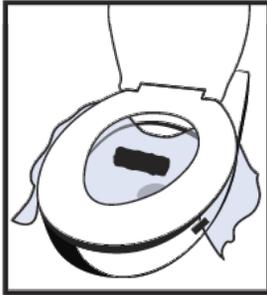
MCHENRY COUNTY DEPARTMENT OF HEALTH

2200 N. Seminary Ave.
Woodstock IL 60098
(815) 334-4500
www.mcdh.info

Instructions for Stool Specimen Collection Kit

1. Obtain the sample container. **Write the patient's name and date that the specimen is collected on the container.**

2. To collect a stool sample, before using the toilet, lift up the toilet seat and place a piece of wax paper or plastic wrap over the toilet bowl, secured by adhesive tape to prevent the sample from falling into the toilet bowl.



3. Collect a specimen of the feces (stool), using instructions marked on this sheet.

4. Dispose of the remainder of feces (stool) in the toilet, and discard the soiled wax paper or plastic wrap by placing in a paper or plastic bag. This bag should be placed in another plastic bag and closed with a twist tie. Discard the plastic bag in the garbage.

After disposal, wash hands carefully with soap and water.

For any questions, please call:

**McHenry County Department of Health
Communicable Disease Program
(815) 334-4500**

Thank you for your time and cooperation.

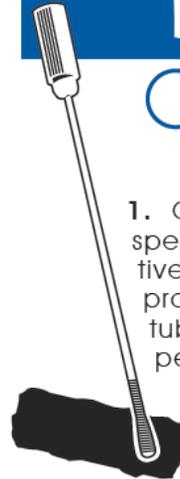
Bacterial Analysis



Required



Not Required



1. Open the resealable bag with the specimen tube, which has a preservative in the bottom of the tube. Open the protective wrapper, remove the plastic tube (but leave the swab in the wrapper at this time), and **write the patient's name and the date of the specimen collection on the side of the tube.**

2. Next, you will need to collect a fecal (stool) swab.

3. Remove and **discard the top cap** on the tube.

4. Remove the swab from the wrapper, and dip the swab in the stool so the entire tip is coated.

5. Insert the stool-coated swab into the plastic tube until it is below the surface of the liquid at the bottom of the tube, and tighten the cap.

6. **Make sure that the patient's name as well as the date of collection** is on the outside of the specimen swab tube.

7. Place the specimen swab tube into the resealable plastic bag and reseal it.

8. Place the sealed plastic bag into the carrying bag.



Viral Analysis



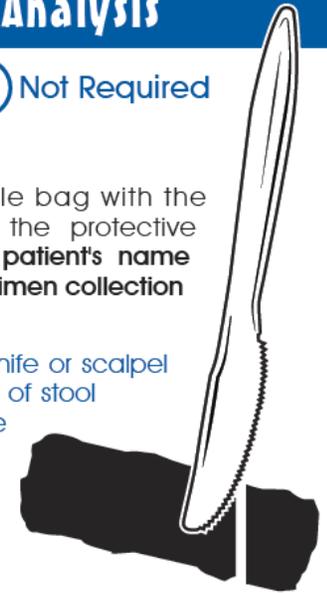
Required



Not Required

1. Open the resealable bag with the specimen cup. Open the protective wrapper and **write the patient's name and the date of the specimen collection on the side of the cup.**

2. Use a clean plastic knife or scalpel to remove a small piece of stool (about 1 inch) and place it in the specimen cup. Reseal the lid.



3. **Make sure that the patient's name as well as the date of collection** is on the outside of the specimen cup.

4. Place the specimen cup into the resealable plastic bag and reseal it.

5. Place the sealed plastic bag into the carrying bag.



Refrigerate sample containers (in the plastic bag) until they are returned to the Health Department.

Samples have to reach the State Laboratory within 72 hours, so **please deliver the plastic bag with the specimen to the Health Department within 24 hours** of collecting a stool sample.

Deliver all refrigerated stool samples to:

McHenry County Department of Health, 2200 North Seminary Ave., Annex B, Woodstock IL 60098

A special collection has been arranged at the site below, if checked:



MCDH