

Travel Immunizations

The scale of international travel has increased over past decades. It has never been easier to travel to exotic and, in some cases, underdeveloped locations. Visiting foreign countries can result in exposure to new, unfamiliar health risks. Preventative measures must be taken prior to departing to ensure that these health risks do not become reality.

Preparation requirements are reliant upon the type of trip being taken. Short-term travel to developed locations or travel to resort areas can be considered much lower risk to one's health. Long-term travel to developing nations or trips to rural areas that include activities like camping, hiking and backpacking must be considered much higher risk. In these situations, a healthcare professional should be consulted to verify that the traveler has received all necessary immunizations.

Immunizations can be classified into three different categories:

Routine Immunizations: Adults should update these every 10 years.	Required Immunizations: Some countries require proof of these immunizations before entry.	Recommended Immunizations: Depending on your travel plans and current health status, your doctor may recommend these immunizations.
<i>Tetanus</i>	<i>Yellow Fever</i>	<i>Poliomyelitis</i>
<i>Diphtheria</i>	<i>Meningococcal</i>	<i>Influenza</i>
		<i>Hepatitis A</i>
		<i>Hepatitis B</i>
		<i>Typhoid</i>
		<i>Japanese Encephalitis</i>
		<i>Meningococcal</i>
		<i>Rabies</i>
		<i>Measles, Mumps, Rubella</i>
		<i>Yellow Fever</i>

When the traveler returns home it may be necessary to set up a post-travel appointment. Some examples of situations where a post-travel appointment is needed are:

- If the traveler has spent 3 or more months in rural areas of the developing world
- If the traveler was told that they have or was suspected to have malaria
- If the traveler was treated or hospitalized with any illness
- If the traveler is experiencing unusual health symptoms
- If the traveler was exposed to increased health risks while on their trip

The McHenry County Department of Health does not have an adult immunization clinic and therefore does not offer immunizations for travelers to other countries. Our clinic can offer any adult the tetanus booster, polio vaccine, and the MMR vaccine.

It would be a good idea to first check with your insurance company to get information on coverage of these vaccinations as they can be costly.

The Department has provided a list of organizations that offer travel immunizations in nearby areas:

<u>Organization</u>	<u>Service Specifics</u>
<p>Winnebago Co. Health Dept.–Health Promotions 2200 S. Madison St. Rockford, IL. 60104 Located at the old WYCA or Salvation Army N (815) 720-4264 – Call to schedule appointment</p>	<ul style="list-style-type: none"> -Appointments average 30-45 minutes in length -Wide range of vaccines including Yellow Fever and Malaria prescriptions -Prices vary based upon immunization -\$25 Consult Fee – Self pay only -See WCHD website for more details
<p>Lake County Health Dept. Immunization Clinic 2303 Dodge Ave. Waukegan, IL. 60085 (847) 377-8470</p>	<ul style="list-style-type: none"> -Call for appointment -Provide adult vaccines – no Yellow, Typhoid, or Japanese Encephalitis -Payment is required up front – Prices Vary
<p>Advocate Lake Zurich Occupational and Travel Center 350 Surryse Rd. Suite 110 Lake Zurich, IL. 60047 (847) 842-7565 Hours: M-F 7:30am – 5:00pm</p>	<ul style="list-style-type: none"> -Wide range of vaccines including Yellow Fever -Vaccine prices vary -\$42 consultation fee -Schedule appointment for consultation -Self-pay only
<p>Sherman Family Health Care Travel Clinic 2320 Royal Blvd. Elgin, IL. 60123 (224) 783-5612 Hours: M-F 7:00am-10:30pm Sat – Sun 7:30am-5:00pm</p>	<ul style="list-style-type: none"> -Wide range of vaccines including Malaria Prescriptions -Walk-ins accepted, appointments preferred -\$20 per phone consultation -Self-pay only
<p>Passport Health – Crystal Lake 360 Station Dr. Suite 201 Crystal Lake, IL. 60014 (847) 816-3434 Hours: M-F 8:00am-4:00pm</p>	<ul style="list-style-type: none"> -Wide range of vaccines -\$55 consult fee -Cash pay only -Contact for appointment
<p>Passport Health - Gurnee 495 N Riverside Dr Suite 208 Gurnee, IL. 60031 (847) 336-9760 Hours: M-F 8:00am-4:00pm</p>	<ul style="list-style-type: none"> -Wide range of vaccines -\$55 consult fee -Cash pay only -Contact for appointment
<p>Passport Health - Hoffman Estates 2500 W Higgins Rd. Suite 1271 Hoffman Estates, IL. 60195 (312) 641-6228 Hours: M-F 8:00am-4:00pm</p>	<ul style="list-style-type: none"> -Wide range of vaccines -\$55 consult fee -Cash pay only -Contact for appointment
<p>DeKalb County Health Department 2550 N. Annie Glidden Rd. DeKalb, IL. (815) 758-6673 <i>DeKalb County Residents Only</i> Travel immunizations offered Weds. Only</p>	<ul style="list-style-type: none"> -Wide range of vaccines including Yellow, Typhoid, and malaria meds. -\$35 consult for a single person -\$60 consult for 2-6 people -Insurance only accepted for malaria prescription -Call for appointment

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<p>Dupage County Health Department 111 N. County Farm Rd. Wheaton, IL. (630) 682-7400 Hours: M 12:30pm-3:30pm W 8:30am-11:30am</p>	<ul style="list-style-type: none"> -Wide range of vaccines including Typhoid -Call for appointment -Cash only -\$20 consultation fee -No malaria meds.
<p>Metro Infectious Disease Consultants 4309 Medical Center Dr. Suite B207 McHenry, IL. (888) 220-6432 (ask for travel nurse)</p>	<ul style="list-style-type: none"> -Contact Dr. Hafiz's office at number provided -Immunizations given on Weds. only
<p>Northwestern Lake Forest Hospital International Travel Program Contact for location specifics -Offices in Lake Forest and Gurnee (847) 535-6172 Hours: M-F 7:30am-3:00pm</p>	<ul style="list-style-type: none"> -Contact for consultation specific to your travel plans and health status -Call for an appointment -Appointments last for approx. 45 minutes -Visit www.lfh.org/international_travel_program for more information

For more information

www.cdc.gov Choose traveler's health and you will be able to search for any international health alerts in the countries that you are traveling to as well as what immunizations the CDC recommends you receive to travel to that destination. For any questions please call the Communicable Disease Program here at MCDH 815-334-4500.

