



**McHenry County Department of Health**  
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[www.mcdh.info](http://www.mcdh.info)  
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**FOR IMMEDIATE RELEASE**  
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### **Walk-in flu clinics at Health Dept, Woodstock**

**WOODSTOCK IL** – McHenry County Department of Health (MCDH) will provide two (2) walk-in flu clinics for adults and children aged 9 and over at its Woodstock office, 2200 N Seminary Avenue (Annex A) on Thursday, December 16 from 9am-11am and again at 3pm-6pm. No appointments are needed. The cost is \$30. Medicaid and Medicare Part B accepted.

Even if you're healthy, you can get sick and spread the flu to classmates, co-workers and family members, including young children who are at greater risk for illness. It's not too late to get your flu shot but it does take 2 weeks for your body to build immunity against flu viruses. With Christmas and New Year's Eve just around the corner, you'll want to stay healthy to enjoy all the festivities. The Centers for Disease Control and Prevention (CDC) recommends everyone aged 6 months and older to get a flu shot. For individuals with chronic illnesses such as asthma, diabetes, and COPD, the flu can make these health conditions worse, causing serious complications which may require hospitalization.

To reduce the spread of influenza, it is important to **cover your cough, wash your hands and stay home if you're sick**. Call 815-334-4500 to schedule flu shot appointments for children younger than 9 years of age. For more information, visit [www.mcdh.info](http://www.mcdh.info) or call 815-334-4510.

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*"Working to prevent disease and promote health and safety for all people of McHenry County since 1966."*