



McHenry County Department of Health
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FOR IMMEDIATE RELEASE
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Holiday schedule for Health Dept flu clinics

WOODSTOCK IL – Due to the Christmas and New Year holidays, McHenry County Department of Health (MCDH) will provide walk-in flu clinics for adults and children aged 9 and over from December 27-30 in its Woodstock office only (2200 N Seminary Avenue, Annex A). No appointments are needed. The cost is \$30. Medicaid and Medicare Part B accepted.

It's not too late to receive a flu shot as the flu season typically lasts until March. Even if you're healthy, the flu is highly contagious and you can spread the flu to classmates, co-workers and family members, including young children who are at greater risk for illness. The Centers for Disease Control and Prevention (CDC) recommends everyone aged 6 months and older to get a flu shot. For individuals with chronic illnesses such as asthma, diabetes, and COPD, the flu can make these health conditions worse, causing serious complications which may require hospitalization.

To reduce the spread of influenza, it is important to **cover your cough, wash your hands and stay home if you're sick**. Call 815-334-4500 to schedule flu shot appointments for children younger than 9 years of age. For more information, visit www.mcdh.info or call 815-334-4510.

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"Working to prevent disease and promote health and safety for all people of McHenry County since 1966."