



**McHenry County Department of Health**  
2200 N. Seminary Avenue, Woodstock IL 60098  
Phone 815-334-4510 Fax 815-334-4635  
[www.mcdh.info](http://www.mcdh.info)  
[www.twitter.com/mchenrycohealth](http://www.twitter.com/mchenrycohealth)  
[www.facebook.com](http://www.facebook.com)

**FOR IMMEDIATE RELEASE**  
**September 7, 2010**

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**Health Department schedules flu clinics**  
*Online appointments available beginning Sept 8*

**WOODSTOCK IL** – McHenry County Department of Health (MCDH) announces its annual flu clinics for adults and children aged 9 and over. Appointments are required and can be scheduled online, beginning September 8, at [www.mcdh.info](http://www.mcdh.info) or by phone at 815-334-4510, between 8am-4:30pm. The cost is \$30. Medicaid and Medicare Part B accepted.

- Wednesday September 22, 2pm-6pm, McHenry County Dept of Health office, Woodstock
- Monday, September 27, 2pm-6pm, Algonquin Township office, Crystal Lake
- Wednesday, September 29, 2pm-6pm, McHenry County Dept of Health office, Crystal Lake
- Monday, October 4, 2pm-6pm, McHenry Township Office, Johnsburg

This year's theme is "The Flu ends with U". The Centers for Disease Control and Prevention recommends the vaccine for anyone over 6 months of age. While flu can make even healthy people sick, certain people are at greater risk for serious complications, causing hospitalizations or even death, such as –

- Persons 50 years of age and older;
- Pregnant women
- Children aged 6 months and over;
- Persons of any age with chronic medical conditions;

Flu is a serious and contagious illness. The vaccine is updated every season using the highest standards of safety. Yearly flu vaccines are the best way to protect yourself and those around you such as family, friends and co-workers. To reduce the spread of influenza, it is important to **cover your cough, wash your hands and stay home if you're sick**. Schedule your appointment now as it takes 2 weeks for antibodies to provide protection against the flu.

For more information, visit [www.mcdh.info](http://www.mcdh.info) or call 815-334-4510.

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***"Working to prevent disease and promote health and safety for all people of McHenry County since 1966."***