



**McHenry County
Department of Health**

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**FOR IMMEDIATE RELEASE
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Free H1N1 appointments available

Woodstock IL – McHenry County Department of Health (MCDH) will hold an H1N1 community clinic for all County residents 6 months of age and older on Wednesday, January 27th from 1pm-5pm at The Stratford, 21007 McGuire Road, Harvard. Vaccinations are free; appointments can be made online at www.mcdh.info or by calling 815-334-2800. MCDH reminds parents that children under 10 years old should receive their 2nd dose of the H1N1 vaccine four weeks after receiving the first dose. Walk-ins accepted.

The H1N1 virus continues to circulate in McHenry County and has caused serious infection, especially to those with underlying medical conditions. Vaccination is the best form of protection against flu viruses. It not only protects you but it helps protect the people around you. If you get the flu, you can pass it to others including babies, pregnant women, and people with chronic health conditions who are more likely to suffer serious complications.

Following the 3 C's will also keep you healthy this time of year so **cover** your cough with a tissue or sleeve, **clean** your hands with warm soap and water, and **contain the virus** by staying home when ill. Get answers to your flu questions at www.flu.gov.

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“Working to prevent disease and promote health and safety for all people of McHenry County since 1966.”