



**McHenry County  
Department of Health**

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[www.mcdh.info](http://www.mcdh.info)

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**FOR IMMEDIATE RELEASE  
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### Extended hours for free H1N1 walk-in clinics

**Woodstock IL** – McHenry County Department of Health offers extended hours for walk-in clinics for free H1N1 vaccinations at its Crystal Lake location, 100 N. Virginia Street (one block south of Routes 14 and 176).

- Thursday, March 4 from 8:30am-6pm
- Friday, March 5 from 8:30am-4pm
- Thursday, March 11 from 8:30am-6pm
- Friday, March 12 from 8:30am-4pm

No appointment is necessary. There is no cost for the H1N1 vaccine and clinics are open to all county residents over 6 months of age. Children under 10 years old should receive their 2<sup>nd</sup> dose of the H1N1 vaccine four weeks after receiving the first dose.

An ample supply of H1N1 vaccine is available. The vaccine not only protects you but it helps protect the people around you. If you get the flu, you can pass it to others including babies, pregnant women, and people with chronic health conditions who are more likely to suffer serious complications.

Following the 3 C's will also keep you healthy so remember to **cover** a cough with tissue or sleeve, **clean** hands with warm soap and water, and **contain the virus** by staying home when ill. Get answers to your flu questions at [www.mcdh.info](http://www.mcdh.info) or 815-334-2800.

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*“Working to prevent disease and promote health and safety for all people of McHenry County since 1966.”*